

Recommendation: Adults chew 3 gummies daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Gummies

Servings per Container 25

Amount per 3 Gummies	% DV
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Calories	25	
Total Carbohydrate	6 g	2%†
Sugars	4 g	**
Vitamin A (as retinyl palmitate)	3,750 IU	75%
Vitamin C (ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	800 IU	200%
Vitamin E (as d-alpha tocopheryl acetate)	22.5 IU	75%
Thiamin (B1)	750 mcg	50%
Riboflavin (B2)	850 mcg	50%
Niacin (B3) (as niacinamide)	10 mg	50%
Vitamin B6 (pyridoxine HCl)	3 mg	150%
Folic Acid (B9)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	15 mcg	250%
Biotin (B7)	300 mcg	100%

Amount per 3 Gummies	% DV
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Pantothenic Acid (B5) (as calcium d-pantothenate)	5 mg	50%
Calcium (as tricalcium phosphate)	100 mg	10%
Phosphorus (from tricalcium phosphate)	50 mg	5%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	5 mg	33%
Sodium	15 mg	<1%
Orchard Fruits™ & Garden Veggies™ Powder Blend: orange, blueberry, carrot, pomegranate, plum, strawberry, pear, apple, beet, raspberry, cherry, pineapple, pumpkin, cauliflower, grape, açai, asparagus, banana, broccoli, brussels sprout, cabbage, cranberry, cucumber, pea, spinach, tomato	150 mg	**
Lutein (from Aztec marigold)	500 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other Ingredients: organic tapioca syrup, cane sugar, pectin, citric acid, colors (maqui berry, black carrot, beta carotene), natural flavors, sodium citrate, vegetable oil (palm and coconut), beeswax

- **PREMIUM** formula with Orchard Fruits™ and Garden Veggies™ Blend
- **16 vitamins/minerals with lutein**
- **Full B-vitamin complex**
- **Made with pectin, no gelatin**
- **Delicious fruit flavors**

GLUTEN FREE. No gelatin, dairy, yeast, wheat, soy, peanuts, eggs, artificial flavors or preservatives.

Satisfaction Guaranteed. Safety sealed for your protection. Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight. Keep out of reach of children.

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Questions? 1-800-9NATURE / naturesway.com

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Helps Support:



Converting food
into **Energy***



Heart*



Eyes*



Immunity*



Bones*

**PREMIUM
FORMULA**



Gluten Free • No Gelatin

Alive!

Women's 50+ GUMMY VITAMINS

Orchard Fruits™ • Garden Veggies™
blend (150 mg per serving)

MULTI-VITAMIN/MINERAL SUPPLEMENT

75 GUMMIES