

Also available in
60 & 90 count

double action release
OMNI™
with chelated minerals
vitamin & mineral supplement

30 TABLETS



Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV*	Amount Per Serving	% DV†
Vitamin A 20,000 IU..... 400		Chromium (amino acid chelate)..... 100 mcg... 83	
(acetate with fish oil and 50% (10,000 IU) as beta carotene)		Molybdenum (amino acid chelate) ... 10 mcg... 13	
Vitamin C (ascorbic acid)..... 250 mg..... 416		Potassium (chloride and citrate)..... 50 mg..... 1	
Vitamin D (cholecalciferol)..... 1,000 IU..... 250		Inositol..... 100 mg..... *	
Vitamin E (from natural d, alpha tocopherol)..... 75 IU..... 250		PAABA (p-aminobenzoic acid)..... 100 mg..... *	
Thiamin Mononitrate..... 100 mg..... 6,666		Choline (choline bitartrate)..... 45 mg..... *	
Riboflavin..... 100 mg..... 5,882		Citrus Bioflavonoid Complex..... 25 mg..... *	
Niacinamide..... 100 mg..... 500		Rutin..... 25 mg..... *	
Vitamin B6 (from pyridoxine HCl)..... 100 mg..... 5,000		Betaine HCl..... 25 mg..... *	
Folic Acid..... 400 mcg..... 100		Silicon (silicon dioxide)..... 20 mg..... *	
Vitamin B12 (cyanocobalamin)..... 100 mcg... 1,666		Bromelain 1200 GDU/g..... 15 mg..... *	
Biotin..... 100 mcg..... 33		Pancreatin..... 15 mg..... *	
Pantothenic Acid (from d-calcium pantothenate)... 100 mg... 1,000		Diastase..... 15 mg..... *	
Calcium (citrate)..... 50 mg..... 5		Hesperidin..... 5 mg..... *	
Iron (amino acid chelate)..... 9 mg..... 50		Chlorophyll..... 2 mg..... *	
Iodine (from Laminaria digitata)..... 225 mcg..... 150		Gotu Kola..... 2 mg..... *	
Magnesium (citrate)..... 25 mg..... 6		Eleutherococcus senticosus 50:1 extract... 1 mg..... *	
Zinc (citrate)..... 15 mg..... 100		Octacosanol..... 500 mcg..... *	
Selenium (amino acid chelate)..... 100 mcg... 143		Vanadium (amino acid chelate)..... 10 mcg..... *	
Copper (amino acid chelate)..... 1 mg..... 50			
Manganese (citrate)..... 8 mg..... 400			

† - % Daily Value * - Daily Value Not Established

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Other Ingredients: Cellulose, vegetable stearate, acacia, magnesium stearate, and rice bran.

NO soy, salt, yeast, wheat, milk & egg products, sugar, starch, or preservatives.

One tablet daily with meals. The B and C Vitamins are uniquely processed to assure a uniform time release. All minerals are processed with special plant cellulose under the Sol-U-Tab® process assuring that they are completely solubilized within minutes of swallowing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.



PR 637