

RECOMMENDATIONS:

Adults take 1 capsule 3 times daily between meals or as directed by your health care provider.

Not recommended during pregnancy.

Keep away from children. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

Natural separation may occur. This does not affect product quality.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Contains no animal
by-products and no gelatin**

Tested **FREE of
Heavy Metal Toxicity**



gaia
HERBS | PROFESSIONAL
SOLUTIONS

GALACTAGOGUE FORMULA^{*}

Liquid Phyto-Caps[®]

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving

Calories 5

Proprietary Extract Blend 432 mg†

Fenugreek seed ▲ (*Trigonella foenum-graecum*),
Marshmallow root fresh ▲ (*Althaea officinalis*),
Fennel seed ▲ (*Foeniculum vulgare*), Red
Raspberry leaf ▲ (*Rubus idaeus*), Blessed
Thistle aerial parts ▲ (*Cnicus benedictus*)

†Daily Value not established

Other ingredients: Vegetable glycerin, water and capsule (vegetable cellulose)

▲ = Organic ingredient

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Each capsule contains 1,115 mg dry herb equivalent.

meetyourherbs[®] Enter ID# at GaiaProfessional.com

Best By: