

100% RAW ORGANIC ASHWAGANDHA ROOT POWDER

Ashwagandha is a coveted herb in Ayurveda, a system of traditional, natural healing with origins in India. The root is the most beneficial part of this small shrub and is well known for its energizing properties, coining the name, "Indian Ginseng." Ashwagandha has been identified as having adaptogenic properties, which are thought to be able to support the body's natural response to stress.†

BENEFITS:

Virility, energy,
stress support.†

SUGGESTED USE:

Mix with juice, water,
or add to your favorite
smoothie.

Raw • Organic • Vegan • Non-GMO • Gluten-Free

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

bareorganics
Superfoods to nourish your life.

100% RAW ORGANIC POWDER



ASHWAGANDHA ROOT



- indian ginseng
- adaptogenic herb

NET WT 8 OZ (227g)
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 tsp. (2g)
Servings Per Container: About 114

Amount Per Serving	%DV
Organic Ashwagandha Root (<i>Withania somnifera</i>)	2g **

**Daily Value (DV) not established.

Manufactured for: BareOrganics™
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Warning: If you are pregnant or lactating, consult a health care professional before using this product. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place away from sunlight and moisture. Do not use this product if tamper evident tab has been removed or is broken.

Note: Silica packet included to help maintain freshness. Do not consume.

This container is reusable,
100% recyclable, microwave
and dishwasher safe.

