

SUGGESTED USE:

Consume Pump Fuel™ 30-45 minutes prior to workout. Mix 1 heaping scoop of Pump Fuel™ with 8 oz. of cold water (adjust to desired taste). **BEST RESULTS:** take Pump Fuel™ on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (heaping scoop) in a 24-hour period. To be used as part of a physical conditioning program.

WARNING:

KEEP OUT OF REACH OF CHILDREN. For use by healthy individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Do not take if you are pregnant or nursing. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorders, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Avoid additional caffeine, which may intensify adverse effects. Do not use if you are prone to dehydration or exposed to excessive heat. This product contains a chemical known in the state of California to cause birth defect or reproductive harm. Do not use if you suffer from the rare genetic disorder Hyper-beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not consume if tamper evident seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

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FITLIFE PERFORMANCE



PMD

XTREME PERFORMANCE
XP

PUMP FUEL

INSANE ENERGY INTENSE PUMPS

ALL-IN-ONE PRE-WORKOUT

DIETARY SUPPLEMENT | NET WT. 1.05 LBS (300 g)

KRE-ALKALYN **CREATINE** **Nitrosigine** **CarnoSyn**
(Kre-Alkalyn®) (Creatine MagnaPower®)

v.4

RASPBERRY LEMONADE
Natural and Artificial Flavors

NO GLUTEN

NO LACTOSE

NO PRESERVATIVES

NO ASPARTAME

NO YEAST

Supplement Facts

Serving Size: 1 Heaping Scoop (29-g)

Servings Per Container: 30

Amount Per Serving		%DV**
Calories	60	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	16 g	3%
Dietary Fiber	0 g	0%
Sugars	1 g	1
Protein	0 g	0%
Vitamin C (as ascorbic acid)	125 mg	208%
Calcium (as calcium phosphate)	60 mg	6%
Phosphorus (as calcium phosphate)	62 mg	6%
Magnesium	140 mg	35%
(as magnesium creatine chelate and oxide)		
Chromium (as chromium picolinate)	50 mcg	42%
Sodium (as sodium chloride)	55 mg	2%
Potassium (as potassium citrate)	64 mg	3%

PUMP FUEL™ Blood

24,970 mg (24.9 g) †

RAPID ATP™ v4 Blood

3,600 mg (3.6 g) †

Creatine (Kre-Alkalyn®)

1,500 mg

Magnesium Creatine Chelate (Creatine MagnaPower®)

1,500 mg

NITRO(PUMP)™ Blood

2,500 mg (2.5 g) †

Pump Complex (L-Citrulline, Arginine Sulfate)

2,000 mg

Arginine Silicate (Insoluble Nitrosigine®)

500 mg

BETA-BURN™ Agent

2,500 mg (2.5 g) †

Beta-Alanine (CarnoSyn®)

AMINO(ENERGY)POUR™ Blood

875 mg †

Amino-Complex:

Taurine, L-Glutamine AAS,

N-Acetyl-L-Glutamine, L-Glutamine,

L-Isoleucine, L-Leucine, L-Valine

Energy and Focus Complex:

Caffeine Anhydrous (200 mg), L-Carnitine L-Tartrate,

Guanidinopropionic Acid, Phosphatidyl Serine,

L-Tyrosine

GLYCO(CARN)™ Blood

15,000 mg (15.0 g) †

Dextrin-Complex (Maltodextrin, Dextrin,

Malt, Maltitol, Glycerol Powder,

Glycine Propionyl-L-Carnitine HCl (GlycineCarn®),

Acetyl L-Carnitine Arginate (ALC) (ArginineCarn®)

† Percent Daily Values (%DV) based on a 2,000 calorie diet.

1 Daily Value (DV) not established.

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Malic Acid, Silica, Sucralose, Acesulfame Potassium, FD&C Red #40. Contains Soy. This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

Kre-Alkalyn® is a registered trademark of Biochemical Research and Development Laboratory (BR&D), and is a US patented product (US Patent #4,799,661). International patent pending. All rights reserved. Creatine MagnaPower® is a registered trademark of Kibao Laboratories, Inc. covered by U.S. patent #5,143,976. Nitrosigine® and the logo are registered trademarks of Nutrition 21, LLC. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®, GlycoCarn® and ArginoCarn® are registered trademarks of SynGene HealthScience and are manufactured under USA production patent #700042 and Worldwide production patent #EP1302916.



SPORTS SUPPORT FOR
STRONG NITRIC OXIDE BOOST*
MAXIMUM POWER OUTPUT*
INSANE ENERGY AND FOCUS*
ENHANCED ENDURANCE*
QUICKER MUSCLE RECOVERY*



ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



PUMP FUEL™ IS MORE ADVANCED AND MORE EXPLOSIVE!
ITS FULLY EQUIPPED PRE-WORKOUT FORMULA IS FUELED WITH THE INGREDIENTS NECESSARY FOR MAXIMUM EFFICACY.*

CAUTION: PUMP FUEL™ IS FOR HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL™ is an explosive and fully equipped pre-workout solution formulated with the highest quality ingredients necessary for maximum product efficacy... and **THE FACTS DON'T LIE!** PUMP FUEL's quality is ensured through its original Facts-In-Labeling format, where we list exact milligram amounts of chief ingredients, so you know exactly what you're getting in every serving.*

This elite pre-workout, with **CLINICALLY STUDIED INGREDIENTS**, is built for **UNPARALLELED RESULTS!** PUMP FUEL™ offers a raved-up pre-workout experience that simply cannot be matched. PUMP FUEL™ is the pre-workout that will give you that edge to take your performance and workouts to the next level! **FUEL UP!**