Health through the power of nature, that's what it means to Trust the Leaf.®

Calcium Complex helps maintain normal bone density and development.* Synergistic key minerals and trace elements optimize absorption. Our Calcium Complex is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

♦ LN41211.A01 BLK8270A



Calcium Complex



250 Capsules / Advanced Bone Formula /

Recommendation: Take 3 capsules twice daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Amount Per Serving		% D'
Total Carbohydrate	<1 g	<1%
Vitamin D3 (as cholecalciferol)	100 IU	25%
Vitamin K (as phytonadione)	37.5 mcg	479
Vitamin B6 (as pyridoxine HCI)	12.5 mg	6259
Folic Acid	100 mcg	259
Calcium (as calcium carbonate/citrate/malate)	500 mg	509
Magnesium (as magnesium oxide/aspartate)	250 mg	639
Zinc (as zinc bisglycinate chelate)	5 mg	339
Copper (as copper amino acid chelate)	500 mcg	259
Manganese (as manganese aspartate)	2.5 mg	1259

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Boron (as boron amino acid chelate)

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

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Questions? 1-800-9NATURE / naturesway.com

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