

Suggested Use

Adults take 1 capsule 2 times daily. Best results obtained with long-term use.

*Not to be used during pregnancy or lactation. If you have a medical condition or take medication, please consult with your doctor before use. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.*

meetyourherbs®

We ensure the safety and efficacy of each Mushroom + Herb.

Vegan
Gluten-free
No GMOs
Purity-tested



gaia
HERBS

MADE WITH ORGANIC MUSHROOMS+HERBS

MUSHROOMS
+ HERBS

EVERYDAY IMMUNE

Supports foundational
wellness*

60 VEGAN CAPSULES
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Mushroom Synergy Blend	251 mg†
Chaga sclerotia extract ▲ (Inonotus obliquus), Reishi fruiting body extract ▲ (Cordyceps fruiting body extract ▲ (Cordyceps militaris), Maitake fruiting body extract ▲ (Grifola frondosa)	
Herbal Synergy Blend	137 mg†
Turmeric root extract ▲ (Curcuma longa), Astragalus root extract ▲ (Astragalus membranaceus), Schisandra berry ▲ (Schisandra chinensis)	

† Daily Value not established

Other ingredients: Vegan capsule (pullulan) ▲ = Organic ingredient
Manufactured for: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by QAI

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



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The
GAIA DIFFERENCE



In nature, plants and fungi work together to thrive. Our pure + potent combinations of Mushrooms+Herbs harness this ancient wisdom through lab-validated science.

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EVERYDAY IMMUNE

A healthy immune system is the foundation for overall wellness. Mushroom fruiting bodies contain polysaccharides that are known to support the immune system at the cellular level.* *Everyday Immune* combines four pure, potent Mushrooms — Maitake, Reishi, Chaga and Cordyceps — with deep immune-supporting Herbs like Astragalus, Turmeric and Schisandra.* *Everyday Immune* is formulated to be taken daily to support whole-body wellness.*

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meetyourherbs®

We validate the purity, potency and identity of each Mushroom and Herb, and we share the results online to ensure the safety and efficacy of our products. Enter the ID # below at GaiaHerbs.com.