

USAGE: Take 1 softgel 1 to 3 times per day with a meal or as directed by your qualified health care consultant. Best kept refrigerated.

Phosphatidylserine (PS) is a natural phospholipid that is an essential component of cell membranes.* Cogni-PS® promotes brain function by helping maintain neuronal membrane fluidity (cell to cell communication), which is essential for cognition, mental performance, attentiveness and reaction time.* PS protects against stress, reducing the action of cortisol (catabolic stress hormone).*

Cogni-PS® is a concentrated form of phosphatidylserine derived from soy phospholipids and offers superior stability.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and Formulation™ Lot #. Best Used Before:

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com

Jarrow FORMULAS®

PS 100

Phosphatidylserine 100 mg



Enhanced Stability

**Promotes
Brain Function***

30 Softgels

Dietary Supplement

Supplement Facts

Serving Size 1 Softgel Servings Per Container 30

	Amount Per Serving	% DV
Phosphatidylserine (PS)	100 mg	*

* Daily Value not established.

Other Ingredients: Phosphatidic acid phospholipids complex. Softgel consists of gelatin, glycerin, purified water, natural caramel color and carob (as a light barrier).

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

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PROD # 116005



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