



# 5-HTP with vitamin B6

50mg

mood<sup>v</sup>

specialty  
120 capsules  
dietary supplement

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine HCl)	10 mg	588%
L-5-Hydroxytryptophan ( <i>Griffonia simplicifolia</i> Extract)(seed)	50 mg	*

\* Daily Value not established.

**Other ingredients:** Dicalcium phosphate, gelatin, microcrystalline cellulose, magnesium stearate.

**Does not contain:** Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

<sup>v</sup> This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) capsule up to twice daily, preferably with meals.

**WARNING:** Do not use this product if you are pregnant or nursing or taking any antidepressant medications such as selective serotonin reuptake inhibitors (SSRI's), tricyclic antidepressants or monoamine oxidase inhibitors (MAOI). Consult your physician prior to use if you have any medical condition or are taking any medications.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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