

Suggested Use: As a dietary supplement, mix one serving of 5 grams (one scoop) into at least 16 ounces of water or suitable beverage and drink within 15 minutes. Consume one serving per day. For best results, use this product as part of a proper diet and exercise program

VEGETARIAN | ALLERGEN FREE | NON-GMO | GLUTEN FREE | BSE/TSE FREE Supplementing with creatine can boost muscle size, strength and endurance improve athletic performance, and speed muscle recovery. Creatine helps replenish ATP, which increases muscle energy and delays muscle fatique.

PROTEIN SPIKING

Warning: NOT INTENDED FOR LISE BY PERSONS LINDER THE AGE OF 18, KEEP OUT. least 16-32 ounces of additional water per day when using this or any type of Creatine



NO ADDITIVES

POWER | STRENGTH | MASS

MICRONIZED NO FILLERS Boosts ATP & Energy Output. Increases Muscle Size & Strength. NO EXCIPIENTS HPLC Lab Tested for Potency.



Creatine Monohydrate (Pharmaceutical Grade - HPLC - micronized) * Daily value (DV) not established Other Ingredients: ABSOLUTELY NONE

Supplement Facts

Amount Per Serving % DV

Serving size: 1 scoop (5 grams)



www.nutrabio.com / info@nutrabio.com (252-748-8404)



Dietary Supplement Net Wt. 1.1 lb (500 grams)