



# chromium complex

clinically studied ingredient

200mcg

mineral  
100 capsules  
dietary supplement

glucose and fat  
metabolism<sup>▼</sup>

GTF chromium<sup>▼</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Chromium (ChromeMate®)(as chromium polynicotinate)	200 mcg	570%

**Other ingredients:** Rice flour, gelatin.

**Does not contain:** Corn, Wheat, Gluten, Sugar, Soy, Salt, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

<sup>▼</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CHROME MATE®** ChromeMate® is a registered trademark of InterHealth Nutritionals Inc.

**DIRECTIONS:** As a dietary supplement, take one (1) capsule daily, with a meal.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Chromium supports glucose levels already within the normal range.<sup>▼</sup>

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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