

## super energy up

energy v vitality \*

herb

**300** capsules dietary supplement adaptogen\*

gluten free

dairy free

> SOV free

> nut free

> > actual size

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B12 (as cyanocobalamin)	100 mcg	4170 %
Korean Ginseng (Panax ginseng)(root)	100 mg	*
Korean Ginseng Extract (Panax ginseng)(	(root) 10 mg	*
Fo-ti ( <i>Polygonum multiflorum</i> )(root)	100 mg	*
Suma ( <i>Pfaffia paniculata</i> )(root)	50 mg	*
Licorice (Glycyrrhiza glabra)(root)	100 mg	*
Lycii (Lycium chinense)(berry)	100 mg	*
Damiana ( <i>Turnera aphrodisiaca</i> )(leaf)	100 mg	*
Bee Pollen	100 mg	*
Royal Jelly	20 mg	*
Octacosanol (from sugar cane wax)	500 mcg	*
* Daily Value not established.		

Other ingredients: Gelatin, rice flour.

Does not contain: Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish or Flavors.

V These statements have not been evaluated by the Food and Drug Administration, This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) capsule 1-2 hours prior to a meal. If you feel nervous or iittery, eat a snack or light meal.

WARNING: Do not use if you are pregnant, nursing, have high blood pressure or a heart, kidney or liver condition. Do not use if you have diarrhea or other gastrointestinal disorders. May cause gastric disturbances in sensitive individuals. Ginseng may increase the effects of caffeine and other stimulants.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094 Visit www.vitaminshoppe.com or call 1-800-223-1216 for more information and to reorder.



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