

Suggested Use

Adults spray extract into back of the throat 3 times every hour during the day. For short-term use up to 8 hours per day.

Contains Propolis. **Avoid if allergic to bee products.** Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Keep away from children.
Use only as directed on label.

Safety-sealed for your protection.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

HERBAL EXTRACT

Echinacea Goldenseal Propolis THROAT SPRAY

Promotes immune &
throat health*

gaia[®]
HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 3 Sprays
Servings Per Container About 56

Amount Per Serving

Propolis extract 45 mg†

Proprietary Extract Blend 190 mg†

Echinacea purpurea root ▲,
Peppermint leaf ▲ (*Mentha x
piperita*), *Echinacea angustifolia*
root ▲, Goldenseal root +
(*Hydrastis canadensis*), Oregon
Grape root + (*Mahonia
aquifolium*), Thyme leaf ▲
(*Thymus vulgaris*), *Echinacea
purpurea* seed ▲ Licorice root
▲ and *Echinacea purpurea* aerial
parts ▲

†Daily Value not established

Other ingredients: Alcohol USP (57-67%) and water

▲ = Organic ingredient + = Ecologically harvested

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