USAGE: Take 3 softgels per day with food or as directed by your qualified health care consultant. Prostate Optimizer® supports healthy prostate function and urinary flow and healthy cell replication.\*

NOTE: This product is intended for use by adult males only. If you have a medical condition or are taking medications, consult your health care practitioner before using this product.

- . Vitamin D3 is essential for healthy prostate cell replication.\*
- . Lycopene is a potent serum antioxidant carotenoid that also concentrates in prostate tissue. (Clinically tested Lyc-O-Mato® natural extract)\*
- . Saw Palmetto Berry Extract is standardized to 85-95% fatty acids and sterols, including β-sitosterol, (Clinically tested Sabalselect®)\*
- . EPA & DHA from molecular distilled fish oil are omega-3 fatty acids and precursors to prostaglandins that contribute to prostate health.\*
- . Cernitin® Pollen Extract is identical to what was utilized in clinical trials to improve bladder function and urinary flow. (Clinically tested)\*
- Green Tea Leaf Extract promotes circulation and supplies potent free radical scavenging flavonoids known as catechins.\*
- SDG Lignans from flaxseed promote prostate health. (LinumLife® Extra)\*
- BroccoMax® broccoli seed extract provides sulforaphane glucosinolate. a powerful inducer of phase II detoxifying enzymes.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



01211PROS

PROD # 129004

Lot # Best Used Before:

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## **Jarrow** FORMULAS®

## PROSTATE optimizer\* BroccoMax\*

Sabalselect® Saw Palmetto • Milk Thistle • BroccoMax® Lyc-O-Mato® Lycopene • EPA • Stinging Nettle Cernitin® Pollen Extract • LinumLife® Flax Lignans

**Supports Prostate Function** Healthy Cell Replication\*

90 Softgels
Dietary Supplement

## Supplement Facts

Serving Size 3 Softgels	Servings	Servings Per Container 30		
	Amount Per 3	Softgels	% DV	
Vitamin D <sub>3</sub> (cholecalciferol)		600 IU	150%	
Saw Palmetto Berry Extract (Seren (Sabalselect® — 85–95% fatty		320 mg	ź	
Lycopene (Lyc-O-Mato® GMO-fre	e tomato extract)	10 mg	*	
Fish Oil (molecular distilled)		600 mg		
EPA (Eicosapentaenoic acid)	270 mg			
DHA (Docosahexaenoic acid)	15 mg			
Milk Thistle Seed Extract (Silybum marianum) 75 mg (30:1 concentrate yielding 80% total flavonoids)		*		
Stinging Nettle Root Extract (Urtical	a dioca)	100 mg	•	
Pollen Extract (Cernitin®)		250 mg	*	
SDG Lignans Flaxseed Extract (Lin (from LinumLife® Extra)	num usitatissimum)	20 mg	*	
Green Tea Leaf Extract (Camellia sinens	sis) (50% polyphenols)	100 mg	*	
Broccoli Seed Extract (providing 5 mg sulforaphane glu	ucosinolate)	63 mg	*	

Other Ingredients: Soybean oil, pumpkin seed oil, white beeswax, lecithin, ascorbyl palmitate and mixed tocopherols. Softgel consists of gelatin, glycerin, and water. Carob and caramel are used as a light barrier.

Contains: Soy and fish (anchovy, sardine). No wheat, no gluten, no dairy, no egg, no shellfish, no peanuts/tree nuts.

Distributed Exclusively by: Jarrow FORMULAS® Superior Nutrition and Formulation® PO Box 35994 Los Angeles, CA 90035-4317 www.Jorrow.com

Brocco Raphanin®

\* Daily Value not established.