

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Choline & Inositol helps maintain cellular efficiency, proper nerve function and metabolism of fats and HDL (good) cholesterol.* This product contains crystalline inositol and choline bound to tartaric acid. Our Choline & Inositol is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

◆ LN40462.A02 BLK8354A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Choline & Inositol



**CELLULAR
HEALTH***

100 Capsules / 500 mg Potency per serving

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules / Servings per Container 50

Amount Per Serving		% DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Choline (as Choline bitartrate)	500 mg	**
Inositol	500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: gelatin (capsule), magnesium stearate, cellulose

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Questions? 1-800-9NATURE / naturesway.com