

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Folic Acid is essential for proper fat metabolism, DNA and RNA synthesis, and tissue growth and repair.* Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect. Our Folic Acid is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

◆ LN40451.02 BLK8276



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM



QUALITY

Folic Acid 800 mcg



**DAILY
ESSENTIAL**

100 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% DV
Folic Acid	800 mcg	200%

Daily Value (DV).

Other ingredients: cellulose, gelatin (capsule), magnesium stearate

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Questions? 1-800-9NATURE / naturesway.com