



calcium citrate complex

250mg

mineral
100 capsules
dietary supplement

bones^v
teeth^v

gluten free

dairy free

soy free

nut free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Calcium	250 mg	19%
(as calcium citrate and calcium carbonate)		

Other ingredients: Gelatin, microcrystalline cellulose, stearic acid, maltodextrin, magnesium stearate, silica.

Does not contain: Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) capsule up to four (4) times daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.

Item No. VS-1078 1037245

