

Wellbeing starts here*

Daily WellBeing for Women offers support in key areas of wellness—Inflammatory Response, Immune Support, Stress Response and Women's Health.*

100% Vegan
No GMOs

Gluten-free
Purity-tested



Suggested Use

Adults take two capsules with water, once daily with your first meal of the day. May also be taken as one capsule twice daily with meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Rhodiola should not be taken by individuals with bipolar disorder. Keep away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place.



**60 VEGAN CAPSULES
DIETARY SUPPLEMENT**

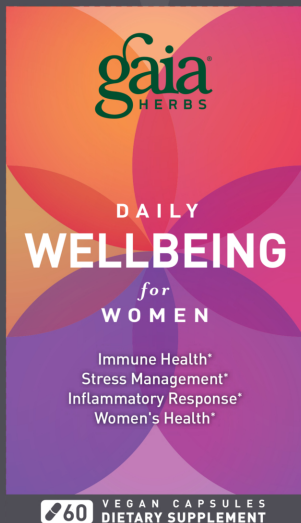
Your wellbeing starts here*

Daily WellBeing for Women provides a convenient, once-daily blend of pure herbal extracts and plant-sourced Magnesium, Calcium and Vitamin D3 to help you maintain whole-self wellness.* Four unique herbal combinations—Inflammatory Response, Immune Health, Stress Management and Women's Health—offer foundational support in key areas of life.* Take each morning, Daily WellBeing for Women is an intentional step on your wellness journey.*

About Gaia Herbs

A leader in the herbal industry since 1987, Gaia Herbs offers hundreds of products for a wide variety of health support options.* With respect for both the plants and the people who use them, we are driven by the concepts of purity, integrity and potency.*

100% Vegan
Gluten-free
No GMOs
Purity-tested



**60 VEGAN CAPSULES
DIETARY SUPPLEMENT**

Supplement Facts			
Serving Size 2 Vegan Capsules Servings Per Container: 30			
	Amount Per Serving	% Daily Value	
Vitamin D3 (from lichen)	660 IU	165%	
Calcium (from algae)	120 mg	12%	
Magnesium (from algae)	10 mg	3%	
Inflammatory Response Blend*	430 mg	†	
Organic Turmeric root (Curcuma longa), Quercetin, Turmeric root extract (Curcuma longa), Brown Seaweed extract (Padina pavonica), Rosemary leaf and stem extract (Rosmarinus officinalis), Black Pepper fruit extract (Piper nigrum) (delivering 50mg Curcumin from Turmeric)			
Immune Health Blend*	190 mg	†	
Japanese Knotweed root extract (Polygonum cuspidatum) (delivering 50mg Resveratrol), Oregon leaf extract (Girifolia frondosa), Maitake Mushroom fruit TD-fraction (Girifolia frondosa)			
Stress Management Blend*	160 mg	†	
Ashwagandha root extract (Withania somnifera), Holy Basil leaf extract (Ocimum sanctum), Organic Schisandra berry (Schisandra chinensis), Siberian Rhodiola root extract (Rhodiola rosea)			
Women's Health Blend*	160 mg	†	
Organic Red Clover tops extract (Trifolium pratense), Chaste Tree berry extract (Vitex agnus-castus)			
† Daily Value not established			
Other Ingredients: Capsule (vegetable cellulose) • Ecologically harvested			
Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712 (001) 663-3216			



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

(001) 0915

Supplement Facts

Serving Size 2 Vegan Capsules Servings Per Container: 30			
	Amount Per Serving	% Daily Value	
Vitamin D3 (from lichen)	660 IU	165%	
Calcium (from algae)	120 mg	12%	
Magnesium (from algae)	10 mg	3%	
Inflammatory Response Blend*	430 mg	†	
Organic Turmeric root (Curcuma longa), Quercetin, Turmeric root extract (Curcuma longa), Brown Seaweed extract (Padina pavonica), Rosemary leaf and stem extract (Rosmarinus officinalis), Black Pepper fruit extract (Piper nigrum) (delivering 50mg Curcumin from Turmeric)			
Immune Health Blend*	190 mg	†	
Japanese Knotweed root extract (Polygonum cuspidatum) (delivering 50mg Resveratrol), Oregon leaf extract (Girifolia frondosa), Maitake Mushroom fruit TD-fraction (Girifolia frondosa)			
Stress Management Blend*	160 mg	†	
Ashwagandha root extract (Withania somnifera), Holy Basil leaf extract (Ocimum sanctum), Organic Schisandra berry (Schisandra chinensis), Siberian Rhodiola root extract (Rhodiola rosea)			
Women's Health Blend*	160 mg	†	
Organic Red Clover tops extract (Trifolium pratense), Chaste Tree berry extract (Vitex agnus-castus)			
† Daily Value not established			
Other Ingredients: Capsule (vegetable cellulose) • Ecologically harvested			
Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712			

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Suggested Use

Adults take two capsules with water, once daily with your first meal of the day. May also be taken as one capsule twice daily with meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Rhodiola should not be taken by individuals with bipolar disorder. Keep away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

meetyourherbs®

Gaia Herbs delivers unprecedented traceability, testing every product for safety and efficacy—and sharing the results online. See for yourself, and learn more about herbs, by entering the unique ID # below at MeetYourHerbs.com.

