



selenium

50mcg

mineral

300 tablets
dietary supplement

antioxidant^v
cellular health^v

gluten
free

dairy
free

soy
free

nut
free

actual
size



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Selenium (from yeast)	50 mcg	90%

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, purified water, hydroxypropyl methylcellulose, polyethylene glycol.

Does not contain: Corn, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) tablet daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit
www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



learn more at
vsquality.net

F 1 Item No.
R VS-1037
7 66536 01037 0 1035673