

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Buffered Vitamin C is from mineral ascorbates, which are less acidic. Our Buffered Vitamin C is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

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PREMIUM

**Nature's
Way**

QUALITY

Buffered C-500

Mineral Ascorbates



**ANTI-
OXIDANT**

100 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule one to two times daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV	
Total Carbohydrate	<1 g	<1%†
Vitamin C (as ascorbic acid/calcium ascorbate/magnesium ascorbate)	500 mg	833%
Calcium (as calcium ascorbate)	4 mg	<1%
Magnesium (as magnesium ascorbate)	4 mg	1%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com