

Alpha Lipoic Acid is a coenzyme, and an excellent antioxidant choice. It is referred to as the universal antioxidant because it is water and fat soluble, enabling it to function in both the membrane and aqueous parts of cells, to help fight cell damaging free radicals in the body. Alpha Lipoic Acid supports the regeneration of glutathione, one of the body's primary antioxidants, and helps to recycle glutathione, Vitamins C and E, and Coenzyme Q10.*

Carefully Manufactured by:
Solgar, Inc.

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Leonia, NJ 07605 U.S.A.

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SOLGB70058 02C



ALPHA LIPOIC ACID 200 MG

ANTIOXIDANT SUPPORT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS
Non-GMO



50 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Alpha Lipoic Acid 200 mg**

**Daily Value not established

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Magnesium
Stearate.

**FREE OF: Gluten, Wheat, Dairy,
Soy, Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

SUGGESTED USE: As a dietary
supplement for adults, take one (1)
vegetable capsule twice daily, prefer-
ably with a meal or as directed
by a healthcare practitioner.

If you are pregnant, nursing, taking any medications
or have any medical condition, please consult your
healthcare practitioner before taking any dietary
supplement. Keep out of reach of children. Store at
room temperature. Do not use if outer bottle seal is
missing or damaged.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and
Drug Administration. This product is not intended to diagnose,
treat, cure or prevent any disease.

