

# Super Mins™

calcium & trace minerals  
iron free

dietary supplement

120 TABLETS



## Supplement Facts

Serving Size: 4 Tablets

Servings Per Container: 30

Amount Per Serving		% DV*
Vitamin D3 (cholecalciferol)	1,000 IU	250
Calcium (carbonate, aspartate, citrate)	1,000 mg	100
Iodine (kelp)	225 mcg	150
Magnesium (oxide, aspartate, citrate)	500 mg	125
Zinc (citrate)	22 mg	150
Selenium (amino acid chelate)	100 mcg	142
Copper (gluconate)	3 mg	150
Manganese (citrate)	10 mg	500
Chromium (amino acid chelate)	100 mcg	83
Molybdenum (amino acid chelate)	100 mcg	133
Potassium (citrate)	95 mg	2
Betaine HCl	100 mg	*
Glutamic Acid HCl	50 mg	*

† - % Daily Value \* - Daily Value Not Established

Other Ingredients: Vegetable stearate, cellulose, acacia, magnesium stearate, trace mineral complex, and silica.

**Naturally Occurring Trace Elements:** Bismuth, boron, bromine, chlorine, cobalt, fluorine, gallium, germanium, gold, hydrogen, lanthanum, lithium, nickel, nitrogen, osmium, silicon, silver, strontium, tellurium, tin, titanium, tritium, tungsten, vanadium, zirconium.

NO corn, soy, salt, yeast, gluten, milk & egg products, sugar, starch, or preservatives.

Two tablets twice daily, as a dietary supplement.

PR 721

