

USAGE: Take 1 softgel up to 4 times per day with food or as directed by your qualified health care consultant.

Q-absorb® is a completely natural proliposome lipid-soluble delivery system clinically shown in humans to increase Co-Q10 levels 200% (3x) over baseline and at least 40% higher than dry capsules.*

Co-Q10 supports heart function as a component of the electron transport system needed for ATP (i.e., energy) production within the cells, and as an antioxidant protects mitochondrial membranes and cholesterol from oxidation.*

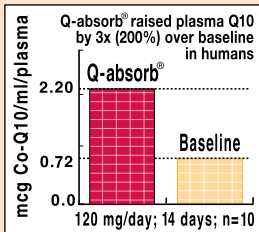
Jarrow FORMULAS® Q-absorb® restores Co-Q10 levels reduced or depleted by the use of statins.*

Jarrow FORMULAS® Co-Q10 is derived from fermentation and consists only of the natural trans configuration, the same as is synthesized in the human body. **Jarrow FORMULAS®** supports clinical research on Coenzyme Q10.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Jarrow FORMULAS®

Q-absorb®
Co-Q10

30 mg

**100% Natural
Enhanced Absorption
ProSome™ Formula**

Supports Heart Function*

30 mg 120 Softgels
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel Servings Per Container 120

	Amount Per Serving	% DV
Coenzyme Q10 (Ubiquinone)	30 mg	*

* Daily Value not established.

Other Ingredients: Soy lecithin, medium chain glycerides (MCGs) and gamma tocopherol. Softgel consists of gelatin, glycerin and water. Caramel and carob extract added as a light barrier.

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and Formulation™

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com

KANEKA **Q10®**

Kaneka Q10® is a registered trademark of the Kaneka Corporation of Japan.

Particle formation inside softgel is normal and dissolves after ingestion.

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