

All Natural Nature's Sleep Well™ is formulated to allow a good night's sleep, allowing you to awake refreshed and energized. Nature's Sleep Well is loaded with natural, sleep-inducing ingredients that can calm you and help you rest peacefully, without worrying while you sleep!

Directions: Take one (1) capsule 30 minutes before bedtime with a glass of water, preferably taken on an empty stomach.

Store in a cool, dry place. Keep out of the reach of children. Do not use if you're pregnant or lactating.

Distributed by:

WellMed

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These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure, or prevent any disease.

1-800-WELLMED®

FEELING GREAT — FOR LIFE!™

Nature's Sleep Well

All-Natural Dietary Supplement

30 Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

	Amount per serving	% Daily Values*
L-Tryptophan	500 mg	**
Melatonin	3 mg	**
Proprietary Blend	186 mg	**
(Valeriana Root Extract, GABA, Chamimile Blossoms Extract, Hops Blossom Extract, Passion Flower Aerial Parts Extract, Ashwagandha Root Extract, Brahmi Plant Extract, Scullcap Extract, L-Theanine)		

Other Ingredients: Gelatin, Magnesium Stearate, Silicon Dioxide, Cellulose

* Based on 2000 calorie diet ** Percent Daily Values are not established.

Contains NO artificial preservatives, coloring, flavors, salt, soy, corn, wheat, eggs, peanuts, dairy or yeast.

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