USAGE: Take 1 softgel up to 4 times per day with food or as directed by

vour qualified health care consultant. I Q-absorb® is a completely natural proliposome lipid soluble delivery system clinically shown in humans to increase Co-Q10 levels 200% (3x) over baseline and at least 40% higher than dry capsules.*

Co-Q10 supports heart function as a component of the electron transport system needed for ATP (i.e., energy) production within E the cells, and as an antioxidant



protects mitochondrial membranes and cholesterol from oxidation.* Jarrow FORMULAS® O-absorb® restores Co-Q10 levels reduced or depleted by the use of statins.*

Jorrow FORMULAS® Co-Q10 is derived from fermentation and consists only of the natural trans configuration, the same as is synthesized in the human body. Jarrow FORMULAS® supports clinical research on Coenzyme Q10.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®

)-absorb® 30 mg Co-Q₁₀

100% Natural **Enhanced Absorption** ProSome[™] Formula

Supports Heart Function*

60 Softaels 30 mg 60 Softgels
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel Servings Per Container 60

Amount Per Serving % DV

Coenzyme Q10 (Ubiquinone) Daily Value not established

Other Ingredients: Soy lecithin, medium chain glycerides (MCGs) and gamma tocopherol. Softgel consists of gelatin, glycerin and water. Caramel and carob extract added as a light barrier.

Contains: Sov.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by: Jarrow FORMULAS* Superior Nutrition and Formulations PO Box 35994

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Los Angeles, CA 90035-4317 www.Jorrow.com

PROD # 106013

of the Kaneka Corporation of Japan

Particle formation inside softgel is normal and dissolves after ingestion.



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