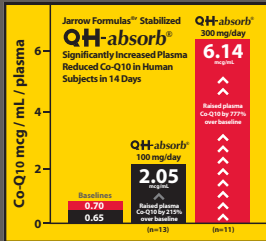


USAGE: Take 1 softgel 1 to 3 times per day with a meal or as directed by your qualified health care consultant.

Ubiquinol is the reduced (active antioxidant) state of Co-Q10, the form produced by our cells and is significantly better absorbed as a supplement, particularly as we age.

Jarrow FORMULAS® QH-absorb® is a proprietary enhanced stability formula, which has been clinically shown in humans to increase Co-Q10 levels up to 777% (6.14x) over baseline at 300 mg per day intake.



QH-absorb® 100 mg raised Co-Q10 by 215% and 300 mg raised Co-Q10 by 777% over baseline in humans per day.

Keep out of the reach of children.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

Lot #. Best Used Before:

Jarrow FORMULAS®

Reduced Form Co-Q10

Ubiquinol
QH-
absorb®



High Absorption / Enhanced Stability

100 mg **60 Softgels**
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 60

	Amount Per Softgel	% DV
Ubiquinol (Kaneka QH®)	100 mg	*

* Daily Value not established.

Other Ingredients: Medium chain triglycerides, phosphatidylcholine (from soy lecithin), beeswax, rosmarinic acid, vitamin E, and ascorbyl palmitate. Softgel consists of gelatin, glycerin and water. Carob extract and caramel added as a light barrier.

Contains: Soy.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Particle formation inside softgel is normal and dissolves after ingestion.



Kaneka QH® is a registered trademark of the Kaneka Corporation of Japan.

1210QHAB60 PROD # 106019



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