

Directions: Ages 14 and up, use (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use. If you are pregnant, nursing, or taking medication, consult your doctor before use.

Supplement Facts

Serving Size 1 Packet (9.4 g)

Amount Per Serving	% DV
Calories	35
Total Carbohydrate	9g 3% [†]
Sugars	7g *
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg 1,667%
Thiamin (as thiamine hydrochloride) (Vit. B ₁)	0.38 mg 25%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B ₂)	0.40 mg 25%
Niacin (Vit. B ₃)	4 mg 20%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg 500%
Folic Acid (Vit. B ₉)	100 mcg 25%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg 417%
Pantothenic Acid (as calcium pantothenate) (Vit. B ₅)	2.5 mg 25%

Amount Per Serving	% DV
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate) [†]	50 mg 5%
Phosphorus (as monobasic potassium phosphate, monobasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate) [†]	38 mg 4%
Magnesium (as magnesium hydroxide, magnesium carbonate) [†]	60 mg 15%
Zinc (as zinc ascorbate)	2 mg 13%
Manganese (as manganese gluconate)	0.5 mg 25%
Chromium (as chromium picolinate)	10 mcg 8%
Sodium (as sodium bicarbonate, monobasic sodium phosphate) [†]	60 mg 3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate) [†]	200 mg 8%

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established. [†]Electrolytes

Other Ingredients: Fructose, Dried Cane Syrup, Tangerine Juice Solids, Citric Acid. **Contains <2% of:** Beta-Carotene (color), Corn Syrup Solids, Glycine, L-Aspartic Acid, Lemon Juice Solids, Malic Acid, Maltodextrin, Natural Flavors, Silicon Dioxide, Tartaric Acid, Tocopherols (to preserve freshness).

Keep out of reach of children.

Distributed by: **Alacer Corp.**
80 Icon, Foothill Ranch, CA 92610
Consumer Line: 1.888.425.2382
emergen-c.com

Immune Support

1,000 mg of vitamin C plus other antioxidants zinc and manganese support your immune system.*

Energy

7 B vitamins including B₁, B₂, B₃, B₅, B₆, B₉, and B₁₂ enhance energy naturally* without caffeine.

Electrolytes

Great for post-workout, replace key electrolytes lost through perspiration.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Emergen-C

1,000 mg Vitamin C

DIETARY SUPPLEMENT

Tangerine

Flavored Fizzy Drink Mix with other Natural Flavors
Caffeine Free



7 B Vitamins
Antioxidants*
Electrolytes

Essential
Nutrients

30-0.33 OZ (9.4 g) PACKETS/NET WT. 9.9 OZ (282 g)

*Vitamin C, Zinc and Manganese

Emergen-C

1,000 mg Vitamin C

DIETARY SUPPLEMENT

Tangerine

Flavored Fizzy Drink Mix with other Natural Flavors
Caffeine Free



Essential
Nutrients

Antioxidants
Vitamin C
Manganese
Zinc

7
B Vitamins

Electrolytes

30-0.33 OZ (9.4 g) PACKETS/NET WT. 9.9 OZ (282 g)