

## Suggested Use

Adults: 1 teaspoon daily/  
Children: Age 1-2: ½ teaspoon daily/  
Age 3-5: ¼ teaspoon daily/  
Age 6-12: ½ teaspoon daily/  
For Additional Support:  
Adults: 1 teaspoon, 2 times daily/  
Children: Take recommended dose  
for age, 2 times daily.

Refrigerate after opening. Shake well before use. Alcohol-free herbal syrup.

*Do as directed by a qualified health care provider. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Do not use if safety seal is broken. Store away from children.*

meetyourherbs®

100%

NET WT.

(007) 943-7018 E70901 **FPO**

Elderberry field

meetyourherbs®

*Meet Your Herbs®* is the world's only traceability program for herbal supplements. Ensure the safety and efficacy of this product while tracking the Seed-to-Shelf story of each herb in your bottle by entering its ID# at MeetYourHerbs.com.

**PURITY:** Trace the origin of each herbal ingredient—where and how it was grown.

**INTEGRITY:** View the Certificate of Compliance and test results for this product.

**POTENCY:** See validation of each herb's full phytochemical complex.

**Obtain the proof of the safety and efficacy of your product now!**

gaia  
HERBS



RapidRelief™

Black  
Elderberry  
Syrup

meetyourherbs®  
Enter ID # at GaiaHerbs.com

5.4 FL OZ (160ML)  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 teaspoon (5 ml)  
Servings Per Container 32

|                                                             | Amount<br>Per Serving | % Daily<br>Value |
|-------------------------------------------------------------|-----------------------|------------------|
| Calories                                                    | 20                    |                  |
| Total Carbohydrate                                          | 4 g                   | 1%*              |
| Sugars                                                      | 4 g                   | †                |
| Vitamin C (from Acerola) ▲                                  | 13 mg                 | 21%              |
| Black Elderberry fruit juice concentrate ▲ (Sambucus nigra) | 1,902 mg              | †                |
| Acerola fruit dried extract ▲ (Malpighia glabra)            | 147 mg                | †                |

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

Other ingredients: Organic sucrose, water, and lemon fruit juice  
▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc. • 101 Gaia Herbs Dr., Brevard, NC 28712  
Certified Organic by Oregon Tilth  
Manufactured in Italy with ingredients by Aboca S.p.A. • Italy. PRODUCT OF ITALY



C075P4  
[007] 863-0616

## Black Elderberry Syrup

For centuries Black Elderberries have been recognized for supporting the immune system.\* Gaia Herbs' best-selling Black Elderberry Syrup super-concentrates the juice from 14.5 grams of organic Elderberries into a single teaspoon.

Our Black Elderberry Syrup contains organic Acerola Cherry fruit extract, a delicious and rich source of naturally occurring Vitamin C.\*

Made with organic whole food ingredients, Gaia Herbs Black Elderberry Syrup is safe and effective for daily use.\* The concentrated flavor of Elderberries will make it your everyday supplement for supporting immune health.\*

## A partnership of mutual beliefs

Black Elderberry Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality and a deep respect for science and nature working in harmony.



gaia  
HERBS



RapidRelief™

Black  
Elderberry  
Syrup

Highly concentrated  
immune support\*

Our delicious, best-  
selling syrup formula

Rich in whole food  
Vitamin C

meetyourherbs®  
SEE BACK OF BOX TO LEARN HOW

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GaiaHerbs.com  
Certified Organic by Oregon Tilth  
Manufactured for Gaia Herbs by Aboca S.p.A. • Italy

## PRODUCT OF ITALY

Each serving contains the equivalent of 14.5 g (14,500mg) of fresh Elderberries

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*Or as directed by a qualified health-care provider.*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Black Elderberry