

Suggested Use

Adults: 1 teaspoon daily
 Children: Age 1-2: 1/2 teaspoon daily/
 Age 3-5: 1/2 teaspoon daily/ Age 6-12: 1/2 teaspoon daily
 For Additional Support
 Adults: 1 teaspoon, 2 times daily/
 Children: Take recommended dose for age, 2 times daily/
 Refrigerate after opening. Shake well before use.
 Alcohol-free herbal syrup.
 *Or as directed by a qualified health care provider. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Do not use if safety seal is broken. Store away from children.

meetyourherbs™

027-01

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RapidRelief™

Black Elderberry Syrup

meetyourherbs™
 Enter ID # at GaiaHerbs.com

3 FL. OZ. (89ml)
 DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 teaspoon (5 ml)
 Servings Per Container About 18

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%*
Sugars	4 g	†
Vitamin C (from Acerola) ▲	13 mg	21%*
Black Elderberry fruit juice concentrate ▲ (Sambucus nigra)	1,902 mg	†
Acerola fruit dried extract ▲ (Hesperia globosa)	147 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

Other ingredients: Organic sugarcane, water and lemon fruit juice. ▲ - Certified Organic Ingredient

Distributed by Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712.
 Certified Organic by Oregon Tilth.
 Manufactured in Gaia Herbs by Aboca S.p.A. - Italy. PROTECT IT! ITALY



Elderberry field

meetyourherbs™

Meet Your Herbs™ is the world's only traceability program for therapeutic herbal supplements. Ensure the safety and efficacy of this product while tracking the Seed-to-Shelf story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herbal ingredient—where and how it was grown.

INTEGRITY: View the Certificate of Compliance and test results for this product.

POTENCY: See validation of each herb's full phytochemical complex.

Obtain the proof of the safety and efficacy of your product now!

Black Elderberry Syrup

For centuries Black Elderberries have been recognized for supporting the immune system.* Gaia Herbs™ best-selling *Black Elderberry Syrup* super-concentrates the juice from 14.5 grams of organic Elderberries into a single teaspoon. Our *Black Elderberry Syrup* contains organic Acerola Cherry fruit extract, a delicious and rich source of naturally-occurring Vitamin C.* Made solely of organic whole food ingredients, *Gaia Herbs' Black Elderberry Syrup* is safe and effective for daily use.* The concentrated flavor of Elderberries will make it your everyday supplement for supporting immune health.*

A partnership of mutual belief

Black Elderberry Syrup is produced in Tuscany, Italy by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.

Aboca

gaia™
 HERBS



RapidRelief™

Black Elderberry Syrup

Highly concentrated immune support*

Best-selling formula

Rich in Whole Food Vitamin C

meetyourherbs™
SEE BACK OF BOX TO LEARN HOW

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PRODUCT OF ITALY

Each serving contains the equivalent of 14.5g (14,500mg) of fresh Elderberries

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Black Elderberry