

Suggested Use

Adults: 1 teaspoon, within one hour before bedtime!
Children age 2-12: ½ teaspoon, within one hour before bedtime!

Refrigerate after opening. Shake well before use.
Alcohol-free herbal syrup.

*Or as directed by a qualified health-care provider.
Not to be used during pregnancy or lactation. If you
have a medical condition or are taking medications
please consult with your health-care provider before
using this product. Keep out of reach of children.
Do not use if safety seal is broken.*

meetyourherbs®

ID#:

BEST BY:

(007) 863-0316 17958 FPO

gaia
HERBS



RapidRelief™

Black
Elderberry
NightTime
Syrup

meetyourherbs®

Enter ID # at GaiaHerbs.com

3 FL OZ (89ML)
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Teaspoon (5 ml)
Servings Per Container About 18

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrates	4 g	1%*
Sugars	4 g	†
Vitamin C (from Acerola ▲)	13 mg	21%
Black Elderberry ▲	1,503 mg	†
California poppy fruit juice concentrate		
Acerola fruit ▲	147 mg	†
(Malpighia glabra) dried extract		
Proprietary Blend	104 mg	
Freeze-dried extract of Lemon Balm leaf ▲ (Melissa officinalis), Freeze-dried extract of Grindelia flowerings tops ▲ (Grindelia camporum), Freeze-dried extract of California Poppy leaf ▲ (Eschscholzia californica)		
Percent Daily Values are based on a 2,000 calorie diet.		
*Daily Value not established.		

Other ingredients: Organic sucrose, water, lemon fruit juice, xanthan gum. ▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Certified Organic by Oregon Tilth.

Manufactured by Gaia Herbs by Aboca S.p.A. - Italy. PRODUCT OF ITALY



C08003
[007] 863-0616

Elderberry field

meetyourherbs®

Meet Your Herbs® is the world's only traceability program for herbal supplements. Ensure the safety and efficacy of this product while tracking the Seed-to-Shell story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herbal ingredient—where and how it was grown.

INTEGRITY: View the Certificate of Compliance and test results for this product.

POTENCY: See validation of each herb's full phytochemical complex.

Obtain the proof of the safety and efficacy of your product now!

Black Elderberry NightTime Syrup



LEMON BALM



CALIFORNIA POPPY

For centuries Black Elderberries have been recognized for supporting the immune system.* Gaia Herbs' best-selling Black Elderberry NightTime Syrup super-concentrates the juice from 14.5 grams of organic Elderberries into a single teaspoon. Another important aspect of optimal health is restful sleep. Black Elderberry NightTime Syrup contains the organic herbs Lemon Balm and California Poppy to gently support a good night of rest.* Our Black Elderberry NightTime Syrup also contains organic Acerola Cherry fruit extract, making it a delicious and rich source of Vitamin C.*

A partnership of mutual beliefs

Black Elderberry NightTime Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality and a deep respect for science and nature working in harmony.



gaia
HERBS



RapidRelief

Black
Elderberry
NightTime
Syrup

For immune support
& restful sleep*

Best-selling formula

Rich in whole food
Vitamin C

meetyourherbs®

SEE BACK OF BOX TO LEARN HOW

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Total Carbohydrates	4 g	1%*
Sugars	4 g	†
Vitamin C (from Acerola ▲)	13 mg	21%
Black Elderberry fruit juice concentrate ▲	1,503 mg	†
(Sambucus nigra)		
Acerola fruit dried extract ▲	147 mg	†
(Malpighia glabra)		
Proprietary Blend	104 mg	
Freeze-dried extract of Lemon Balm leaf ▲ (Melissa officinalis), Freeze-dried extract of Grindelia flowerings tops ▲ (Grindelia camporum), Freeze-dried extract of California Poppy leaf ▲ (Eschscholzia californica)		

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PRODUCT OF ITALY

Each serving contains the equivalent of 14.5 g (14,500mg) of fresh Elderberries.

Suggested Use

Adults: 1 teaspoon, within one hour before bedtime!

Children: Age 6-8: ½ teaspoon, Age 9-12: 1 teaspoon, within one hour before bedtime!

Shake well before use. Refrigerate after opening. Alcohol-free herbal syrup.

Not to be used during pregnancy or lactation. If you have a medical condition or are taking medications please consult with your doctor before using this product. Store away from children. Do not use if safety seal is broken.

Or as directed by a qualified health-care provider.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Black Elderberry