

Complete Shake Formula

- ✓ Protein & Fiber
- ✓ Mushrooms
- ✓ Bioflavonoids
- ✓ Orchard Fruits™
- ✓ Daily Greens™
- ✓ Vitamins & Minerals
- ✓ Digestive Enzymes
- ✓ Essential Fatty Acids
- ✓ Garden Veggies™

MAX Potency Formula

with superior nutrient diversity.

Premium Pea Protein Isolate

with 18 amino-acids. This product provides 15 g of pea protein per serving.

MAX B-Vitamins

to help convert food into energy.*

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 5. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LN15545.001 BLK0111C



Helps support:



Bones*



Eyes*



Digestion*



Heart*



Metabolism*



Immunity*

PEA
Protein
Isolate



**NEW & IMPROVED
FORMULA!**

Alive!

Ultra Shake®

PROTEIN • FIBER • VITAMINS

ENERGIZER™ with Food-Based Blends

Orchard Fruits™ / Garden Veggies™ powder blend (200 mg per serving)

Vanilla Flavored

NET WEIGHT 33 OZ (2.1 lbs/936 g) • DIETARY SUPPLEMENT

Recommendation: As a dietary supplement, add 1 heaping scoop to 8 fluid ounces of cold water, milk or juice (scoop included). Shake or stir until smooth. Mixes instantly, no blender required. Intended to be taken once daily. **Caution:** If pregnant, nursing, taking any medications, or have high blood pressure, consult a healthcare professional before use. This product contains the amino acid phenylalanine. **Keep tightly sealed and out of reach of children. Store in a cool, dry place.**

Supplement Facts

Serving Size 1 Scoop (38 g) / Servings per Container 28

Amount Per Serving	% DV
Calories	110
Calories from Fat	15
Total Fat	1.5 g 3%
Total Carbohydrate	11 g 4%
Dietary Fiber	5 g 20%
Sugars	5 g **
Protein	15 g 21%
Vitamin A (67% [10,000 IU] as beta-carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU 300%
Vitamin C (ascorbic acid)	1 g 166%
Vitamin D (as ergocalciferol)	1,000 IU 250%
Vitamin E (as d-alpha-tocopheryl succinate)	200 IU 66%
Vitamin K (as phytylphosphates)	80 mcg 100%
Thiamin (Vitamin B1)	25 mg 166%
Riboflavin (Vitamin B2)	25 mg 147%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl/pyridoxal 5-phosphate)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 333%
Biotin	325 mcg 100%
Pantothenic Acid (as d-calcium pantothenate)	125 mg 1250%
Calcium (from Aquamin® calcium mineral source/food algae Lithothamnion sp. whole plant)	250 mg 25%

Amount Per Serving	% DV
Iron (from pea protein)	5 mg 25%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as citrate, oxide, and from Aquamin® calcium mineral source/food algae Lithothamnion sp. whole plant)	125 mg 25%
Zinc (as zinc bisglycinate)	15 mg 100%
Selenium (as L-selenomethionine)	140 mcg 200%
Copper (as copper bisglycinate)	2 mg 100%
Manganese (as manganese bisglycinate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	250 mg 11%
Potassium (as potassium citrate)	50 mg 1%
Pea Protein isolate providing Amino Acids: Glutamic Acid, Aspartic Acid, Arginine, Leucine, Lysine, Phenylalanine, Serine, Valine, Isoleucine, Alanine, Proline, Glycine, Tyrosine, Threonine, Histidine, Cysteine, Methionine, Tryptophan	15 g
Multi-Fiber Blend: cell fiber, apple fiber, NutraFiber®-wFOS® (short chain fructooligosaccharides), southern gum	4 g
Daily Greens™ Blend providing Amino Acids: Spinach, Alfalfa (leaf, stem), Kelp, Barley Grass, Dandelion (leaf), Lemon Balm (leaf), Wheat Grass, Lemon Grass, Nettie (leaf), Blessed Thistle (stem, leaf, flower), Cilantro, Parsley (leaf), Blue Green Algae (Aphanizomenon flos-aquae), Chlorella (leaf)	500 mg
Orchard Fruits™ and Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, AcaiBerry, Banana, Broccoli, Brussels	200 mg

Amount Per Serving	% DV
Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Citrus Bioflavonoid Complex (from lemon, grapefruit, orange, tangerine) providing Hesperidin, Eriodictiol, Narirutin, Flavonones and Flavones	100 mg
Digestive Enzyme Blend: Concentrated Enzyme Blend (Fungal Protease, Acid Protease, Fungal Amylase, Lactase, Phytolase, Cellulase, Invertase, Alpha Galactosidase, Lipase, Betaine HCl, Bromelain, Papain)	100 mg
Omega-3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder	100 mg
Organic Mushroom Mycelium Defense Blend: Reishi (Ganoderma lucidum), Shiitake (Lentinula edodes), Oyster Mushroom (Pleurotus ostreatus), Enoki (Flammulina velutipes), Maitake (Grifola frondosa), Yamabushitake (Phellinus amarus), Agarikon (Amanita muscaria), Chaga (Inonotus obliquus), Mismecolus (Amanita muscaria), Lion's Mane (Hericium erinaceus), Reishi (Ganoderma lucidum), Zhu Ling (Gastrodia elata)	100 mg
Essential Fatty Acid Blend (omega-3/6/9): Coconut (MCT), Sunflower (linoleic acid), Sesame (oleic acid)	50 mg
Choline (as choline bitartrate)	50 mg
Rutin (dihydroquercetin flavonoid extract)	25 mg
Lutein (from Alfalfa, marigold)	200 mcg

*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: natural flavors, honey powder, organic stevia (leaf) extract.

Contains wheat. Contains no yeast, corn, soy, dairy products, artificial colors, flavors or preservatives. Sold by weight, not volume. Settling of product may occur during shipping and storage.

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