Suggested Use

Adults: 1 teaspoon, within one hour Children age 2-12: 1/2 teaspoon, within one hour before bedtime

Refrigerate after opening. Shake well before use. Alcohol-free herbal syrup 'Or as directed by a qualified health care provider. Not to be used during pregnancy or lactation. If you have a medical condition or are taking medications alease consult with your bealth core assister before using this product. Keep out of reach of children. Do not use if safety seal is broken.

meetyourherbs?

[007] 863-8316 ETUSHENITS F P ()





RapidRelief™

Black Elderberry NightTime Syrup

meetvourherbs?

5.4 FL OZ (160ML) DIETARY SUPPLEMENT



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Suppleme Serving Size 1 teaspoon (5 m), Servings Per Container 32
Calories Total Carbohydrotes

	Amount Per Servis
Calories	20
Total Carbohydrates	4.9
Sugars	4.9
Vitamin C (from Acerola 🛦)	13 mg
Black Elderberry A (Sanducus nigra) fruit juice conc	1,903 mg entrate
Acerola fruit (Molpiolio oliotra) diried extract	147 mg

Freeze-dried extract of Lemon Balon leaf 🛦 (Mrisss Freeze-dried extract of Grindelia flowering tops 🛦 communical Freeze-dried extract of California Paper leaf A

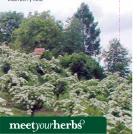
Percent Soily Values are based on a 7 SSS calorie di Other ingredients: Organic sugarcane, water, lemon fruit juice, xanthan gum 🛦 = Certified Organic Ingredient



[007] 863-0616

C085P4

Elderberry field



Meet Your Herbs® is the world's only traceability program for herbal supplements. Ensure the safety and efficacy of this product while tracking the Seed-to-Shelf story of each herb in your bottle by entering its ID# at GaiaHerbs.com

PURITY: Trace the origin of each herbal ingredient-where and how it was grown. INTEGRITY: View the Certificate of Compliance and test results for this product. POTENCY: See validation of each herb's full phytochemical complex.

Obtain the proof of the safety and efficacy of your product now!

Black Elderberry NightTime Syrup



For centuries Black Elderberries have been recognized for supporting Gaia Herbs' best-selling Black Elderberry NightTime Syrup super-

organic Elderberries into a single teaspoon. Another important aspect of optimal health is restful sleep. Black Elderberry NightTime Syrup contains the organic herbs Lemon Balm and California Poppy to gently support a good night of rest.* Our Black Elderberry NightTime Syrup also contains organic Acerola Cherry fruit extract, making it a delicious and rich source of Vitamin C.*

POPPY from 14.5 grams of

A partnership of mutual beliefs

Black Elderberry NightTime Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality and a deep respect for science and nature working in harmony.





RapidRelief

Black **Elderberry** NightTime Syrup

For immune support & restful sleep

Best-selling formula

Rich in whole food Vitamin C

meetyourherbs?

5.4 FL OZ (160ML) DIETARY SUPPLEMENT

Supplement Facts

Servings Per Container 32		
	Amount Per Serving	% Dai Vals
Calories	20	
Total Carbohydrates	4.9	19
Sugars	4 g	- 1
Vitamin C (from Acerola ▲)	13 mg	21%
Black Elderberry fruit juice concentrate /Sambucus nigra/	▲ 1,983 mg	1
Acerola fruit dried extract ▲ [Ma(pighia glabra)	147 mg	1
Proprietary Blend	184 mg	
Freeze-dried extract of Lemon Balm Le criticinalis), Freeze-dried extract of Grin (Crindelia component), Freeze-dried e Pappy Leaf (Eschachabia californica)	delia flowering	
*Percent Daily Values are based on a 2,0 *Daily Value not established	100 calorie diet	

Other ingredients: Organic sugarcane, water, lemon fruit juice and xanthan gum A = Certified Organic Ingredient Distributed by: Gaia Herbs, Inc. 101 Gaia Herbs Dr. Brevard NC 28712 Gaiablarhe com

Certified Organic by Oregon Tilth Manufactured for Gaia Herbs by Aboca S.p.A. - Italy

PRODUCT OF ITALY

Each serving contains the equivalent of 14.5 g [14,508mg] of fresh Elderberries.

Suggested Use

Adults: 1 teaspoon, within one hour before bedtime1 Children: Age 6-8: 1/4 teaspoon.

Age 9-12: 1/2 teaspoon, within one hour before bedtime¹

Shake well before use. Refrigerate after opening. Alcohol-free herbal syrup.

Not to be used during pregnancy or lactation. If you have a medical condition or are taking medications please consult with your doctor

before using this product. Store away from children. Do not use if safety seal is broken. Or as directed by a qualified health-care provider

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.