

Recommendation: Take 6 capsules daily, preferably with food. If pregnant, nursing, taking any medications or have high blood pressure, consult a healthcare professional before use. Contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended use.

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Questions? 1-800-9NATURE /
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GLUTEN FREE. No sugar, salt, yeast, wheat, soy, artificial colors, flavors or preservatives.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ LN15092.C02 BLK8053C

**NO ADDED
IRON**



Alive!

Max⁶ Daily

Multi-Vitamin MAX POTENCY

**Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg)**

90 VEG CAPSULES - Multi-Vitamin Supplement

Supplement Facts

Serving Size 6 Capsules / Servings Per Container 15

Amount Per Serving	% DV
Calories10	
Total Carbohydrate2 g	<1%†
Vitamin A (67% [10,000 IU] as.....15,000 IU	300%
beta carotene, 33% [5,000 IU] as methyl acetate)	
Vitamin C (ascorbic acid).....1,000 mg	1,667%
Vitamin D (as ergocalciferol).....1,000 IU	250%
Vitamin E (as d-alpha tocopheryl.....200 IU	667%
succinate)	
Vitamin K1 (as phytylphosphonate).....80 mcg	100%
Thiamin (as thiamin mononitrate).....25 mg	1,667%
Riboflavin (Vitamin B2).....25 mg	1,471%
Niacin (as niacinamide).....125 mg	625%
Vitamin B6 (as pyridoxine HCl).....50 mg	2,500%
pyridoxal 5-phosphate)	
Folic Acid.....400 mcg	100%
Vitamin B12 (as cyanocobalamin).....200 mcg	3,333%
Biotin.....325 mcg	108%
Pantothenic Acid (as D-calcium.....125 mg	1,250%
pantothenate)	
Calcium (as carbonates/citrate).....250 mg	25%
Iodine (as potassium iodide.....150 mcg	100%
and from kelp powder)	
Magnesium (as magnesium oxide.....125 mg	31%
magnesium citrate)	
Zinc (as zinc gluconate).....15 mg	100%
Selenium (as L-selenomethionine).....200 mcg	266%
Copper (as copper bisglycinate.....2 mg	100%
chelate)	
Manganese (as manganese.....5 mg	250%
bisglycinate chelate)	
Molybdenum (as sodium molybdate).....75 mcg	100%
Potassium (as potassium citrate).....50 mg	1%
Daily Greens™ Blend providing.....400 mg	
Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem), Barley	
Grass, Blessed Thistle (stem, leaf, flower), Blue Green	
Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro	

Amount Per Serving

(leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon	% DV
Grass, Nettle (leaf), Plantain (leaf), Wheat Grass	
Orchard Fruits™ / Garden Veggies™.....200 mg	
Blend: Blueberry, Orange, Carrot, Pomegranate,	
Plum, Strawberry, Apple, Beet, Tart Cherry, Pear,	
Tomato, Cauliflower, Raspberry, Acai, Asparagus,	
Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry,	
Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	
Cardio Blend: Hawthorn berry).....100 mg	
Japanese Knotweed (root) standardized to 50%	
resveratrol (5 mg), Coenzyme Q10 (ubiquinone)	
Digestive Enzyme Blend.....100 mg	
Concentrated enzyme formula (Protease I,	
Protease II, Amylase, Lactase, Peptidase,	
Cellulase, Invertase, Alpha Galactosidase,	
Urase), Borane HCl, Bromelain, Papain	
Omega 3/6/9 Fatty Acid Seed Blend.....100 mg	
Flax Seed Powder, Sunflower Seed Powder	
Organic Mushroom Mycelium Defense.....100 mg	
Blend: Reishi (Ganoderma lucidum), Shiitake	
(Lentinula edodes), Oyster Heritake (Pleurotus	
ostreatus), EnokiTake (Ramaria velutipes),	
Maitake (Grifola frondosa), Yamabushitake	
(Hericium erinaceus), Agaricus (Pleurotus	
officinalis), Chaga (Inonotus obliquus),	
Hinematitake (Agaricus brasiliensis/Blaze),	
Kawaratake (Panicum vesicaria), Mesima	
(Phellinus linteus), Zhu Ling (Grifola umbellata)	
Citrus Bioflavonoid Complex.....60 mg	
(from orange, grapefruit, lemon, lime,	
tangerine) providing: Hesperidin, Naringin,	
Narirutin, Eriocitrin, Flavonols and Flavones	
Inositol.....50 mg	
Siberian Eleuthero (Eleutherococcus	
senticosus) (root)	
Citoline (as choline bitartrate).....30 mg	
Rutin (Sophora japonica) flower bud extract.....25 mg	
Lutein (from marigold).....500 mcg	

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (modified cellulose), vegetable magnesium stearate, silica