

Suggested Use

Adults take 30-40 drops of extract in a small amount of water 3 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

HERBAL EXTRACT

Black Cohosh Root

500 mg/ml herb equivalency

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HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 40 Drops (1.33 ml)

Servings Per Container About 23

Amount Per Serving

Black Cohosh root extract ▲ (<i>Actaea racemosa</i>)	1.33 ml†
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Herb Strength Ratio	1:2
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†Daily Value not established

Other ingredients: Alcohol USP (65-75%) and water.

▲ = Organic Ingredient

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