

SUGGESTED USE: As a dietary supplement for adults, take 0.5 mL (5 mg) or 1.0 mL (10 mg) at bedtime as Melatonin may produce drowsiness, or as directed by a healthcare practitioner. Calibrated dropper inside. For occasional sleeplessness.*

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

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SOLGAR
Since 1947

LIQUID MELATONIN

10 MG PER SERVING

**NUTRITIONALLY SUPPORTS
SOUND SLEEP***

NATURAL BLACK CHERRY FLAVOR

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS

2 FL. OZ. (59 mL)

DIETARY SUPPLEMENT

Supplement Facts

**Serving Size: 1 mL
Servings Per Container: 59**

Amount Per Serving

Melatonin 10 mg**
(as n-Acetyl-5-Methoxytryptamine)

**Daily Value not established

Other Ingredients: Vegetable Glycerin, Water, Natural Black Carrot and Black Currant Concentrates (color), Citric Acid, Natural Black Cherry Flavor, Sodium Gluconate, Sodium Benzoate (preservative), Potassium Sorbate (preservative).

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor and Sweetener.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SOLGB50380 03C

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SOLGB50380 03D
Part No. 22-50380

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Since 1947

LIQUID MELATONIN

Solgar® Liquid Melatonin 10 mg

is a terrific choice for people experiencing occasional sleeplessness, those with jet lag or anyone wanting to promote sound, quality sleep. This is because Melatonin helps the body maintain a normal circadian (biological) rhythm. Melatonin supplementation may help you awaken feeling refreshed and revitalized. This product is also ideal for those individuals who may need a higher level of sleep support.*

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