

PLANETARY®

HERBALS

ST. JOHN'S WORT EXTRACT

STANDARDIZED TO 0.3% HYPERICINS
FOR EMOTIONAL WELL-BEING*

300 MG • 180 TABLETS

HERBAL SUPPLEMENT
Approved by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Calcium	31 mg	3%
St. John's Wort Aerial Parts	300 mg	†
Standardized Extract	0.3%	
Yielding	0.9 mg Hypericins	

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, stearic acid, modified cellulose gum, silica, and magnesium stearate.

Suggested Use: 1 tablet three times daily. For best results use this product for at least 6 weeks.

NOTE: Natural plant variation may affect tablet color.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

St. John's wort has historically been used to support a state of mental well-being.* Modern research has confirmed this traditional use. Each tablet yields a minimum of 0.9 mg of hypericins.

Created for Planetary Herbals by licensed acupuncturist and clinical herbalist Michael Tierra.

WARNING: Do not use this product while taking any medication or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives, antibiotics, antidepressants, anticoagulants, antihistamines, immunosuppressants, corticosteroids, diabetes drugs, antiviral, antiseizure, anticancer and cardiovascular drugs. It may also cause increased photosensitivity; limit exposure to UV radiation. If you are pregnant, may become pregnant, or breastfeeding, consult your healthcare professional before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured for:
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