

• Complete Shake Formula

- ✓ Protein & Fiber
- ✓ Mushrooms
- ✓ Bioflavonoids
- ✓ Orchard Fruits™
- ✓ Daily Greens™
- ✓ Vitamins & Minerals
- ✓ Digestive Enzymes
- ✓ Essential Fatty Acids
- ✓ Garden Veggies™

• MAX Potency Formula

with superior nutrient diversity.

• Premium Soy Protein Isolate

with 18 amino acids; 25 g of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. This product provides 15 g of soy protein per serving.

• MAX B-Vitamins

to help convert food into energy.*

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

UN15200.001 BLK7510C



Helps support:



Bones*



Eyes*



Digestion*



Heart*



Metabolism*



Immunity*

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

SOY Protein Isolate



NEW & IMPROVED FORMULA!

Alive!

Ultra Shake®

PROTEIN • FIBER • VITAMINS

ENERGIZER™ with Food-Based Blends
Orchard Fruits™ / Garden Veggies™ powder blend (200 mg per serving)

Vanilla Flavored

NET WEIGHT 33.3 OZ (2.1 lbs/945 g) • DIETARY SUPPLEMENT

Recommendation: As a dietary supplement, add 1 heaping scoop to 8 fluid ounces of cold water, milk or juice (scoop included). Shake or stir until smooth. Mixes instantly, no blender required. Intended to be taken once daily. **Caution:** If pregnant, nursing, taking any medication, or have high blood pressure, consult a healthcare professional before use. This product contains the amino acid phenylalanine. **Keep tightly sealed and out of reach of children. Store in a cool, dry place.**

Supplement Facts

Serving Size 1 Scoop (25 g) / Servings per Container 27

Amount Per Serving	% DV
Calories	180
Calories from Fat	10
Total Fat	1 g 2%
Total Carbohydrate	11 g 4%
Dietary Fiber	5 g 20%
Sugars	4 g --
Protein	15 g 30%
Vitamin A (80% [10,000 IU] as beta carotene, 10% [5,000 IU] as retinyl acetate)	10,000 IU 300%
Vitamin C (ascorbic acid)	1 g 166.7%
Vitamin D (as ergocalciferol)	1,000 IU 250%
Vitamin E (as α -tocopherol succinate)	200 IU 66.7%
Vitamin K (as phytonadione)	80 mcg 100%
Thiamin (Vitamin B1)	25 mg 166.7%
Riboflavin (Vitamin B2)	25 mg 147.1%
Niacin (as niacinamide)	125 mg 62.5%
Vitamin B6 (as pyridoxine HCl/pyridoxal 5-phosphate)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 333.3%
Biotin	325 mcg 100%
Pantothenic Acid (as β -calcium pantothenate)	125 mg 1250%
Calcium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. (whole plant))	250 mg 25%

Amount Per Serving	% DV
Iron (from soy protein)	3 mg 17%
Iodine (as potassium iodide)	100 mcg 100%
Magnesium (as citrate, malate, and from Aquamin® calcified mineral source Red Algae Lithothamnion sp. (whole plant))	125 mg 31%
Zinc (as zinc bisglycinate)	15 mg 100%
Selenium (as L-selenomethionine)	140 mcg 300%
Copper (as copper bisglycinate)	2 mg 100%
Manganese (as manganese bisglycinate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	210 mg 9%
Potassium (as potassium citrate)	50 mg 1%
Soy™ Soy Protein Isolate providing Amino Acids: Glycine, Alanine, Aspartic Acid, L-Leucine, Arginine, Lysine, Phenylalanine, Serine, Proline, Isoleucine, Valine, Tyrosine, Threonine, Histidine, Tryptophan, Cysteine, Methionine	15 g --
Multi-Fiber Blend: Gel Fiber, Apple Fiber, Xanthan Gum, Nutralose® xFOS® (Short-Chain Fructooligosaccharides)	4 g --
Daily Greens™ Blend providing Amino Acids: Spirulina, Alfalfa (leaf, stem), Kelp, Barley Grass, Dandelion (leaf), Lemon Balm (leaf), Wheat Grass, Lemon Grass, Nettie (leaf), Blessed Thistle (stem, leaf, flower), Citrusella, Plantain (leaf), Blue Green Algae (Aphanizomenon flos-aquae), Glutens (leaf)	100 mg --
Orchard Fruits™ and Garden Veggies™ Powder Blend (Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry Apple, Beet, Cherry Pear, Tomato, Cauliflower, Raspberry, Acai)	200 mg --

Amount Per Serving	% DV
Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	100 mg --
Citrus Bioflavonoid Complex (from lemon, grapefruit, orange, tangerine) providing: Hesperidin, Eriodictyin, Naringin, Flavonones and Flavones	100 mg --
Digestive Enzyme Blend: Concentrated Enzyme Blend (Fungal Protease, Acid Phosphatase, Fungal Amylase, Lactase, Papainase, Cellulase, Invertase, Alpha Galactosidase, Lipase, Betaine HCl, Bromelain, Pepsin)	100 mg --
Omega 3/6/9 Fatty Acid Blend (Seed Blend Plus Seed Powder, Sunflower Seed Powder)	100 mg --
Organic Mushroom Mycelium Defense Blend: Reishi (Ganoderma lucidum), Shiitake (Lentinula edodes), Oyster Mushroom (Pleurotus ostreatus), Enoki (Flammulina velutipes), Maitake (Diplazium), Tremella (Flemingia), Cordyceps (Cordyceps sinensis), Agaricus (Agaricus bisporus), Chaga (Inonotus obliquus), Himantogaster (Agaricus bisporus-blend), Reishi (Ganoderma lucidum), Maitake (Diplazium), Shiitake (Lentinula edodes), Zhu Ling (Poria cocos)	100 mg --
Eleuthero (Eleutherococcus senticosus) (root)	50 mg --
Inositol	50 mg --
Choline (as choline bitartrate)	30 mg --
Rutin (Sophora japonica flower bud extract)	25 mg --
Lutein (from Adansonia digitata)	200 mcg --

Percent Daily Values (DV) are based on a 2,000-calorie diet.

--Daily Value not established.

Other ingredients: natural flavors, tapioca maltodextrin, honey powder, organic stevia (leaf) extract, bio hin gao. Contains soy and wheat. No yeast, corn, dairy products, artificial colors, flavors or preservatives. Sold by weight, not volume. Settling of product may occur during shipping and storage. **Alive!** is a trademark of Solae, LLC. • Nutralose® and xFOS® are registered trademarks of Inverness.

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