

Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant. It helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides natural source Vitamin E as d-alpha tocopherol, and mixed tocopherols including d-Gamma, d-Delta and d-Beta Tocopherols. It is offered in oil-based softgels to promote optimal absorption and assimilation.*

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

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SOLGB16392 02D



NATURALLY SOURCED
VITAMIN E
67 mg (100 IU)

d-ALPHA TOCOPHEROL
PLUS
d-GAMMA TOCOPHEROL, d-DELTA TOCOPHEROL
and d-BETA TOCOPHEROL

NATURAL ANTIOXIDANT*

GLUTEN, WHEAT & DAIRY FREE

100 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
Vitamin E 67 mg (as d-Alpha Tocopherol)	447%
Mixed Tocopherols 6.69 mg (providing d-Gamma, d-Delta and d-Beta Tocopherols)	**

****Daily Value (DV) not established**

Other Ingredients: Safflower Oil, Gelatin,
Vegetable Glycerin.

**FREE OF: Gluten, Wheat, Dairy,
Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel one to two times daily, preferably with meals or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

