

Adrenal Health® Nightly Restore

As you sleep, your body repairs and restores itself. *Adrenal Health® Nightly Restore* helps maintain the body's systems that support a healthy response to stress.* Ashwagandha helps to promote normal sleep patterns.* Magnolia bark calms occasional nervousness and supports sleep.*

For optimum results, consider taking with *Adrenal Health® Daily Support*.*

Suggested Use

Adults take 2 capsules daily in the evening after dinner. Best results obtained with long-term use.

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

Vervain & Lemon Balm

gaia
HERBS

Adapt & Balance

Adrenal
Health®

NIGHTLY RESTORE

Nourishes the adrenals
while you rest*



VEGAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
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Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving

Calories	10
Ashwagandha root extract † (<i>Withania somnifera</i>)	80 mg†
Reishi Mushroom fruiting body extract ▲ (<i>Ganoderma lucidum</i>)	70 mg†
Cordyceps Mushroom fruiting body extract ▲ (<i>Cordyceps militaris</i>)	50 mg†
Proprietary Extract Blend	750 mg†
Mimosa Tree bark † (Albizia julibrissin), Magnolia bark † (Magnolia officinalis), Vervain aerial parts ▲, Lemon Balm aerial parts ▲ (Melissa officinalis), Cinnamon bark ▲	

† Daily Value not established

Other ingredients: Vegetable glycerin, water and capsule (vegetable cellulose)

▲ = Organic ingredient † = Ecologically harvested

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.