

Suggested Use

Adults take 2 capsules daily in the morning. For short term use, for 6 to 8 weeks. Then transition to *Adrenal Health® Daily Support*.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. This product should not be taken by individuals with bipolar disorder or high blood pressure. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

100% vegan and gluten-free

meet your herbs®

Meet Your Herbs® is the world's only traceability program for therapeutic herbal supplements. Ensure the safety & efficacy of this product while tracking the Seed-to-Shelf story of each herb in your bottle by entering its ID# at GaiaHerbs.com

Euethers & Schwaninger

gaia
HERBS

Adapt & Balance

Adrenal
Health®

JUMP START

meet your herbs®

Enter ID # at GaiaHerbs.com

60 VEGAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	
Calories	10
Rhaponticum cathamoides root extract ♦ (Stemmacantha cathamoides)	100 mg†
Siberian Rhodiola root extract ♦ (Rhodiola rosea)	80 mg†
Cordyceps Mushroom fruiting body extract ▲ (Cordyceps militaris)	60 mg†
Proprietary Extract Blend	700 mg†
Schisandra berry ♦ (Schisandra chinensis), Prickly Ash bark ♦, Asian Ginseng root ▲ (Panax ginseng), Licorice root ▲, Eleuthero root extract ♦ (Eleutherococcus senticosus)	
† Daily Value not established	

Other ingredients: Vegetable glycerin, water and capsule (vegetable cellulose)

▲ = Organic ingredient ♦ = Ecologically harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712



(002) 863-0716

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

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Adrenal Health® Jump Start

Occasional exhaustion and stress are a combination seen all too often in modern life. *Adrenal Health® Jump Start* combines pure and potent herbal extracts that approach and address these concerns holistically.*

Rhaponticum and Cordyceps support the body's ability to manage fatigue.* Rhodiola has the unique ability to help optimize energy levels while also promoting a healthy mood.* After 6-8 weeks of *Adrenal Health® Jump Start*, consider transitioning to daily use of *Adrenal Health® Daily Support* to nourish your adrenals, the glands that support a healthy response to stress.*

The Gaia Difference



Liquid potency, easy absorption
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1



100% vegan and gluten-free
Easily digestible plant-derived capsule



Laboratory-tested for purity
Free of heavy metal toxicity

gaia
HERBS

Adapt & Balance

Adrenal
Health®

JUMP START

A short-term program
for adrenal support*

Revives healthy energy
& stress levels*

60 VEGAN LIQUID PHYTO-CAPS®
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PURITY: Trace the origin of each herbal ingredient—where and how it was grown.

INTEGRITY: View the Certificate of Compliance and test results for this product.

POTENCY: See validation of each herb's full phytochemical complex.

Obtain the proof of the safety and efficacy of your product now!

View our *Mission. Vision. Values.* video and photos from our certified organic farm at GaiaHerbs.com/Mission

Gaia Farm, North Carolina