

SUGGESTED USE: SHAKE WELL before use. As a dietary supplement for adults, take 0.5 mL twice daily, preferably with a meal or as directed by a healthcare practitioner. This formulation provides natural Vitamin E in a convenient dropper dosage form.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
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SOLGB55349 04E

Since 1947
SOLGAR®
NATURAL

LIQUID VITAMIN E

MIXED TOCOPHEROL
COMPLEX

GLUTEN, WHEAT & DAIRY FREE

SUITABLE FOR VEGANS

Non-GMO

2 FL. OZ. (59 mL)

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 0.5 mL
Servings Per Container: 118

Amount Per Serving	%DV
Vitamin E 150 IU 500%	
(as d-Alpha Tocopherol plus d-Beta, d-Gamma and d-Delta Tocopherols)	

DV = Daily Value

Other Ingredients: Safflower Oil, Vegetable Oil.

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.



EASY-TO-USE
DROPPER BOTTLE

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SOLGB55349 05F

Part No. 22-16001

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LIQUID VITAMIN E

MIXED TOCOPHEROL
COMPLEX

Vitamin E is an important, essential nutrient that is crucial for good health.* It is the body's primary fat-soluble antioxidant and appears naturally in several variant forms, called tocopherols. It is found in most vegetable oils, wheat germ, raw seeds and nuts, eggs, leafy vegetables and legumes. **Vitamin E** supports various bodily functions, including nutritional support for the immune system.* As an antioxidant, it helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells.* This formulation provides natural Vitamin E in a convenient dropper dosage form.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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