

Vitamin K2 is an active form of Vitamin K and is important for bone health.* Vitamin K2 is not readily found in the diet and is manufactured by gut microflora. Vitamin K2 can also be extracted from a natural whole food source, the fermented soybean product Natto, a natural source of MK-7.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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NATURALLY SOURCED
VITAMIN K2
MK-7
FROM NATTO EXTRACT
100 MCG

GLUTEN & WHEAT FREE

Non-GMO
SUITABLE FOR LACTO-VEGETARIANS



50 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving		%DV
Vitamin K2	100 mcg	125%
(as menaquinone-7)		
Calcium	115 mg	12%

DV= Daily Value

Other Ingredients: Dicalcium Phosphate,
Vegetable Cellulose, Vegetable Magnesium
Stearate, Silica.

Contains milk and soy.

**FREE OF: Gluten, Wheat, Yeast,
Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

All forms of Vitamin K may interact with blood thinning medications. If you are taking such medicines please consult with your healthcare practitioner before taking this product.

