

B12 Methylcobalamin

Coenzyme vitamin B12 in the form of methylcobalamin, with folic acid.

Suggested Use

As a dietary supplement, adults place 1 lozenge daily under tongue 30 seconds before swallowing, or as directed by a healthcare professional. Do not exceed recommended dose. Keep in cool, dry place, tightly capped.



AllergyResearchGroup®

B12 Methylcobalamin

3000 µg with Folic Acid



dietary supplement
50 vegetarian lozenges

Supplement Facts

Serving Size	1 Lozenge
Servings Per Container	50

Amount Per Serving	% Daily Value*	
Vitamin C (as ascorbic acid)	50 mg	83%
Folic Acid	400 µg	100%
Vitamin B12 (as Methylcobalamin)	3000 µg	50,000%

* Percent Daily Value are based on a 2000 calorie diet.

Other ingredients: Fructose, mannitol, cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica, natural cherry flavor, raspberry flavor.

Formulated exclusively for Allergy Research Group®

Alameda, CA 94502 www.allergyresearchgroup.com

Phone: 510.263.2000

Rev. 005