

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1-800-245-4440

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 4 tablets daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #4543



Energy/Sports Formula

A Dietary Supplement

 **DOUGLAS**
LABORATORIES®

120 Tablets



Supplement Facts

Serving Size 4 tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (25% as Vitamin A).....20,000 IU	400%	Manganese (from Manganese..... 15 mg	750%
Palmitate/75% [15,000 IU] as		Aspartate Complex)	
Beta-Carotene)		Chromium (Organically bound with.....200 mcg	167%
Vitamin C (Ascorbic Acid)..... 1000 mg	1667%	GTF activity-low allergenicity)	
Vitamin D-3.....50 IU	13%	Molybdenum (from Molybdenum Krebs†).....50 mcg	67%
Vitamin E (as Vitamin E Succinate).....200 IU	667%	Potassium (from Potassium 75 mg	2%
Thiamine (as Thiamine HCl)..... 50 mg	3333%	Aspartate Complex)	
Riboflavin..... 25 mg	1471%		
Niacin/Niacinamide..... 120 mg	600%	Choline (from Choline Citrate/Bitartrate).....20 mg	*
Vitamin B-6 (as Pyridoxine HCl)..... 25 mg	1250%	Inositol..... 25 mg	*
Pyridoxal-5-Phosphate Complex)		Citrus Bioflavonoid Complex100 mg	*
Folic Acid..... 800 mcg	200%	PABA (para-Aminobenzoic Acid)..... 50 mg	*
Vitamin B-12 (on Ion Exchange Resin)..... 100 mcg	667%	Vanadium (from Vanadium Krebs†).....25 mcg	*
Biotin..... 300 mcg	100%	Boron (from Boron Aspartate/Citrate Complex)..... 1 mg	*
Pantothenic Acid..... 150 mg	1500%	Trace Elements (from Sea Vegetation).....100 mcg	*
(as d-Calcium Pantothenate)		Energy/Sports Proprietary Blend.....500 mg	*
Calcium (from Calcium.....300 mg	30%	Ginseng (root) (<i>Panax ginseng</i>), Sarsaparilla (root)	
Citrate/Ascorbate Complex)		(<i>Smilax officinalis</i>), L-Aspartic Acid, Octacosanol,	
Magnesium (from Magnesium.....300 mg	75%	Betaine HCl, Royal Jelly, Gamma Oryzanol (Rice Bran	
Aspartate/Ascorbate Complex)		Oil), n-dimethylglycine (DMG), L-Carnitine, Inosine,	
Zinc (from Zinc Aspartate Complex)..... 20 mg	133%	N-Acetyl-L-Cysteine, L-Methionine and Glutamic Acid	
Selenium (Organic Selenium from..... 200 mcg	286%		
Krebs† Cycle and Kelp)			
Copper (from Copper Amino.....2 mg	100%		
Acid Chelate)			

Other ingredients: Cellulose, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

*Daily Value not established.