

NOTICE: This product contains *Cascara sagrada*. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because *Cascara sagrada* may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking any medications or have a medical condition. See outer carton for additional information.

CAUTION: Do not use when nausea or vomiting are present unless recommended by a healthcare professional. Consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

◆ LN15404_A01 BLK8242A

©2016 Nature's Way Brands, LLC

Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com



HERBAL BLEND

THISILYN® DIGESTIVE CLEANSE

FOR TOXIN ELIMINATION AND
OCCASIONAL CONSTIPATION*

dietary supplement • 90 Vegetarian Capsules

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recommendation: Adults and children age 12 years and over: take 2 to 3 capsules at bedtime with a full glass (8 ounces) of water. Do not take more than 2 to 3 capsules in a 24-hour period. Not recommended for children under 12 years of age. Do not take for more than 10 days as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long term use.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 30

Amount per Serving	% DV
Total Carbohydrate	<1 g <1%
Dietary Fiber	<1 g 2%
Cascara Sagrada (bark) providing 3.6% cascascosides	400 mg **
Soothing Proprietary Blend: Peppermint (leaf), Fennel (seed), Ginger (root), Marshmallow (root)	300 mg **
Triphala Proprietary Extract Blend (fruit) standardized to 45% tannins (121 mg), Amia (Phyllanthus emblica), Tropical almond (Terminalia chebula), Belleric myrobalan (Terminalia bellerica)	270 mg **
Thisilyn® Milk Thistle extract (seed), 80% silymarin (152 mg)	190 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose)

How the formula works:

• **Bile production.** Thisilyn® Digestive Cleanse promotes liver bile production.* Bile carries toxins to the intestine, where they are eliminated through the bowels.

• **Occasional Constipation.*** Thisilyn® Digestive Cleanse stimulates muscles in the intestine to encourage healthy bowel elimination and help sweep toxins from the body.*

Soothing action. Thisilyn® Digestive Cleanse also contains a unique blend of peppermint, fennel, ginger and marshmallow to comfort the digestive tract during the cleansing process.*

Detoxification.

A combination of various herbs that help support liver health through elimination of toxins from the body.*

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.



NOTICE: This product contains *Cascara sagrada*. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because *Cascara sagrada* may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking any medications or have a medical condition.

CAUTION: Do not use when nausea or vomiting are present unless recommended by a healthcare professional. Consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

For a comprehensive, tri-phase internal detox, periodically use the Thisilyn® Cleanse 15-day kits.



#1 SELLING BRAND



THISILYN® DIGESTIVE CLEANSE

FOR TOXIN ELIMINATION AND
OCCASIONAL CONSTIPATION*

WITH DIGESTIVE CLEANSERS*

Herbal Blend

with Cascara Sagrada
Triphala & Thisilyn®
Milk Thistle Extract

Superior Cleansing Power

90 Vegetarian Capsules

dietary supplement • Soothing Blend



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recommendation: Adults and children age 12 years and over: take 2 to 3 capsules at bedtime with a full glass (8 ounces) of water. Do not take more than 2 to 3 capsules in a 24-hour period. Not recommended for children under 12 years of age. Do not take for more than 10 days as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long term use.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 30

Amount per Serving	% DV
Total Carbohydrate	<1 g <1%
Dietary Fiber	<1 g 2%
Cascara Sagrada (bark) providing 3.6% cascascosides	400 mg **
Soothing Proprietary Blend	300 mg **
Peppermint (leaf), Fennel (seed), Ginger (root), Marshmallow (root)	
Triphala Proprietary Extract Blend (fruit) standardized to 45% tannins (121 mg)	270 mg **
Amia (Phyllanthus emblica), Tropical almond (Terminalia chebula), Belleric myrobalan (Terminalia bellerica)	
Thisilyn® Milk Thistle extract (seed), 80% silymarin (152 mg)	190 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose)

©2016 Nature's Way Brands, LLC

Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com

† SPINX Milk Thistle Ingredient Brand; Report, 5/2 WK ending 7/12/15; ml US X-WF