

Calm/Recharge®

A formulation of selected vitamins, minerals, amino acids, and Chinese herbs.

Suggested Use

As a dietary supplement, 2 scoops two times daily or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

CALIFORNIA PROPOSITION 65 WARNING: This product contains lead, a chemical known to the State of California to cause birth defects or other reproductive harm.

Formulated exclusively for Allergy Research Group®

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Calm/Recharge®



dietary supplement

250 grams (8.8 oz.)

Supplement Facts

Serving Size 2 Scoops (8.33 g)

Servings Per Container 30

Amount Per Serving

% Daily Value

Vitamin C

(as Calcium Ascorbate) 450 mg 750%

Calcium

(as Calcium Ascorbate) 50 mg 5%

Magnesium (as Magnesium Citrate,

300 mg 75%

L-Theanine 500 mg *

Glycine 2000 mg *

Taurine 500 mg *

L-5-Hydroxytryptophan 100 mg *

Amount Per Serving

% Daily Value

Proprietary Herbal Blend 2000 mg *

Chinese Peony (Root) Extract

Bai-Zhu Atractylodes (Root) Extract

Momordica charantia (Fruit) Extract

Cudrania tricuspidata (Root) Extract

Shrubby Sophora (Root) Extract

Chinese Yam (Root) Extract

Lactobacillus rhamnosus Lysate Powder

50 mg *

* Daily Value not established.

Other ingredients: Silicon dioxide, microcrystalline cellulose.

Rev. 005