

**DIRECTIONS:** As a dietary supplement, take two (2) capsules 1 hour before bed with a full glass of water. For best results, drink plenty of water throughout the day. Do not exceed the maximum recommended dose of two (2) capsules per day.

**WARNING:** Use only as suggested. Not intended for use by anyone under the age of 18, pregnant, nursing, and/or if the packaging is broken. Consult a physician before use if you or a family member has been diagnosed with any medical condition. Discontinue use and contact a physician if you experience any unusual symptoms. **KEEP OUT OF REACH OF CHILDREN.**

**Distributed by:**  
**Creative Bioscience®**  
4530 South 300 West, Murray, UT 84107  
[www.creativebioscience.com](http://www.creativebioscience.com)



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## SLEEP FORMULA

Sleep Support

Clinically Supported Ingredients

600 mg Lemon Balm

400 mg Valerian Root

DIETARY SUPPLEMENT

60 VEGGIE CAPSULES

## Supplement Facts

Serving Size: 2 Veggie Capsules

Servings per Container: 30

| Amount per Serving % Daily Value                             |          |
|--------------------------------------------------------------|----------|
| Lemon Balm ( <i>Melissa officinalis</i> ) 4:1 Extract        | 600 mg † |
| Valerian Root ( <i>Valeriana officinalis</i> ) 4:1 Extract   | 400 mg † |
| California Poppy ( <i>Eschscholzia californica</i> ) Extract | 20 mg †  |
| Passion Flower ( <i>Passiflora</i> ) 4:1 Extract             | 20 mg †  |

\* % Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

Other Ingredients: Vegetable Cellulose, Acacia Fiber, and Borage Oil powder.



GMO Free



Gluten Free



Daily Use

LIVE PRODUCT SUPPORT 877-744-1224