

CODE 208521
Directions: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:
Women's Ultra Mega® Active Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value
Vitamin A (as 50% beta-Carotene & 50% Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg 333%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopherol Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg 50%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Copper Sulfate)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Chromium Chloride)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Super Antioxidant Blend	
alpha-Lipoic Acid	25 mg *
Lutemax® 2020 Lutein	2 mg *
Lycopene	1 mg *
Turmeric Root Extract (CurcuWIN™)(<i>Curcuma longa</i>)(Std. to Curcuminoids)	500 mcg *
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg *
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg *
beta-Cryptoxanthin	10 mcg *
Performance Energy & Metabolism Blend	
Green Tea Leaf Extract (<i>Camellia sinensis</i>)(Standardized to EGCG)	30 mg *
Choline (as Choline Bitartrate)	10 mg *
Betaine (Trimethylglycine)	10 mg *
Inositol	10 mg *
Boron (as Sodium Borate)	2 mg *

Amount Per Serving	% Daily Value
Grape Seed Extract (<i>Vitis vinifera</i>)(Standardized to Polyphenols)	1 mg *
Vanadium (as Sodium Metavanadate)	10 mcg *
Joint & Skin Support Blend	
MSM (Methylsulfonyl-methane)	12 mg *
Silica (as Silicon Dioxide)	4 mg *
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg *

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talk, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans.

Conforms to USP <2091> for weight.

Ultra Stress Protection & Circulatory Support

Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value
MegaNatural®-BP™ Grape Seed Extract	300 mg*
Palmitic Acid Monoethanolamide	75 mg*

* Daily Value not established.

Other Ingredients: Gelatin, Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silica.

Conforms to USP <2091> for weight, Meets USP <2040> disintegration.

Ultra Energy Generator

Supplement Facts

Serving Size One Red Capsule

Amount Per Serving	% Daily Value
Niacin	20 mg 100%
Proprietary Thermogenic Blend	243.34 mg *
Caffeine Anhydrous, Capsimax® Capsicum Fruit Extract (<i>Capsicum annuum</i>), Black Pepper Extract (<i>Piper nigrum</i>)(50% Piperine = 5 mg)	

* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Magnesium Stearate Vegetable Source, Silica, Titanium Dioxide (Natural Mineral Whitener), Artificial Colors (FD&C Blue #1, FD&C Red #40).

Contains 200 mg of caffeine.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

ACTUAL SIZE

ACTUAL SIZE

KRG

CLA Complex

Supplement Facts

Serving Size One Brown Softgel

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
Conjugated Linoleic Acid (CLA)(from Safflower Oil)(Clarinol®)	400 mg *
gamma-Linolenic Acid (GLA)	100 mg *

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Safflower Oil, Gelatin, Glycerin, Caramel Color, Rosemary Extract (*Rosmarinus officinalis*).

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a basic multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

Calcium 600

Supplement Facts

Serving Size One Peach Caplet

Amount Per Serving	% Daily Value
Vitamin D (as Cholecalciferol D-3)	400 IU 100%
Calcium (as Calcium Carbonate)	600 mg 60%

Other Ingredients: Cellulose, Povidone, Sodium Starch Glycolate, Magnesium Stearate, Titanium Dioxide, Polyethylene Glycol, Polysorbate 80, Silica, Artificial Color (FD&C Yellow #6 Lake).

CONTAINS: Soybeans.

Potency of calcium verified by GNC procedure #4000.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

Capsimax® Capsimax® is a trademark of OmniActive Health Technologies.

Clarinol® Clarinol® is a registered trademark of Stepan Lipid Nutrition.

CurcuWIN™ CurcuWIN™ is a trademark of OmniActive Health Technologies.

Lutemax® 2020 Lutemax® 2020 is a trademark of OmniActive Health Technologies.

M MegaNatural®-BP™ and its logo are trademarks of Constellation Brands, Inc.

GNC

WOMEN'S ULTRA MEGA® Active

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN^

- Antioxidants • Calorie Burning*
- Healthy Circulation* • Beauty

CLINICALLY STUDIED^



30 PACKS

GNC

WOMEN'S ULTRA MEGA® Active

Achieve your daily nutritional goals with customized ingredients plus multivitamins that have more antioxidant power than ever, contain over 30 clinically studied ingredients – and are smaller and easier to swallow.

✔ Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin.* **Helps support bone health.***

✔ Antioxidants

Packed with antioxidants for exercise recovery and support.*

✔ Calorie Burning

Features a clinically studied calorie-burning blend and CLA, which fuels energy and fat metabolism.*

✔ Healthy Circulation

Has a clinically studied grape seed extract to help maintain healthy blood pressure levels and support a healthy heart.*

✔ Beauty

Contains biotin to support healthy hair, skin and nails and includes additional ingredients for skin support.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

