

Adrenal Health® Daily Support

Maintaining a healthy stress response is necessary for overall health and wellbeing. Supporting the systems that aid the body in reacting and normalizing as stress occurs is critical in maintaining a healthy response to stress. *Adrenal Health® Daily Support* provides nourishment to the adrenals, with a unique combination of pure and potent extracts.*

Suggested Use

Adults take 2 capsules 2 times daily after meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Rhodiola should not be taken by individuals with bipolar disorder. Keep away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

Holy Basil & Ashwagandha

gaia[®]
HERBS

New Name,
Same
Formula!
Formerly known as
Adrenal Health®

Adapt & Balance

Adrenal
Health®

DAILY SUPPORT

The #1 herbal formula
for adrenal support*



VEGAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

Enter Meet Your Herbs® ID# at GaiaHerbs.com

BEST BY

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving

Calories	10
Siberian Rhodiola root extract † (<i>Rhodiola rosea</i>) (6 mg† Rosavins)	120 mg†
Holy Basil leaf supercritical extract † (<i>Ocimum sanctum</i>) (3.86 mg† total Eugenols)	90 mg†
Proprietary Extract Blend	520 mg†
Oats milky seed fresh extract ▲ (<i>Avena sativa</i>), Holy Basil leaf ▲ (<i>Ocimum sanctum</i>), Schisandra berry † (<i>Schisandra chinensis</i>), Ashwagandha root extract † (<i>Withania somnifera</i>)	

† Daily Value not established

Other ingredients: Vegetable glycerin, water, capsule (vegetable cellulose) and olive oil

▲ = Organic ingredient † = Ecologically harvested

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.