

Swanson

U L T R A®

The Most Advanced Nutrition Technology

CAPSULES

Extra-Strength

5-HTP

Dietary Supplement



60 CAPSULES • 100 mg

- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

SUGGESTED USE: As a dietary supplement, take one capsule per day with water on an empty stomach.

WARNING: Do not take this product if you are taking a prescription antidepressant or if you are pregnant or nursing. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

L-5 HTP	100 mg*
(L-5 hydroxytryptophan) (Griffonia simplicifolia seed extract)	

*Daily Value not established.

Other ingredients: Rice flour, gelatin, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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